

# Native Women's Association of Canada



## A DIRECTORY OF MENTAL HEALTH PROGRAMS & SERVICES

~ June 1996 ~

For Inuit, Métis, Status &  
Non-Status Indian Children

*An NWAC Directory*

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# **SECTION 1**

## **1. Acknowledgements**

The Native Women's Association of Canada (NWAC) would like to thank all the respondents who took the necessary time to complete and return the questionnaire, thus, making the development of this directory a reality. The NWAC would also like to take this opportunity to thank all those not directly involved in service delivery but who, nevertheless, were instrumental in helping us with this endeavour by providing us with the names and addresses of potential respondents and in some cases, took the initiative to forward the questionnaire to those sources themselves. Credit must be given to them as well for the success of this project.

Finally, the NWAC would like to extend it's gratitude to the Children's Mental Health Unit (CMHU) for approving and giving financial assistance for this project. The NWAC would particularly like to thank Denise Trotter for her assistance throughout the project.

Kichi Migwech!

## **2. Preface**

The notion to develop this directory evolved as a result of a meeting convened by the Children's Mental Health Strategies Program, in the summer of 1994. At this meeting, aboriginal and non-aboriginal health professionals from across Canada met to discuss the mental health research needs of all children in Canada. From these discussions, a call for proposals was sent out by the Children's Mental Health Unit of Health Canada.

The NWAC, having the official mandate to represent and improve the living conditions of all aboriginal women and children in Canada, is deeply concerned about the overall poor health status of aboriginal women and children, especially their mental health state. The NWAC has a deep-rooted and vested interest in knowing about the availability and accessibility of mental health programs and services for children, especially those who live off-reserve. Thus the NWAC proposed, as a first attempt to delve into this matter, the development of a directory listing current programs and services available to this particular group in Canada. It is the opinion of the NWAC that the development of this resource would be a logical starting point to pursue work in this area, in ensuing years.

One of the primary purposes of the Children's Mental Health Strategies Program is to address mental health issues affecting children between the ages of 0-6 years, from a prevention and/or early intervention perspective. Particular attention is placed on children who are more apt, because of a variety of factors, to be at a higher risk to develop mental health disorders.

The objectives of this federal funding program are:

- ❑ to improve the availability of, quality of, and access to prevention and early intervention models for programs and services;
- ❑ to provide mental health information that will empower children and their families to take a more active role in promoting their own mental well-being;
- ❑ to develop knowledge through research and through the evaluation of existing children's service models and programs;
- ❑ to support activities and initiatives to exchange new information on emerging issues, knowledge and skills;
- ❑ to facilitate and promote better integration and use of mental health services.

It is the belief of the NWAC that many aboriginal children, because of their marginalized existence in Canada's mainstream society, will, to some degree, be mentally unfit if the status quo does not improve for them. Searching for suitable programs and services is frequently very frustrating for the parent. This directory may help alleviate some of the parent's frustration by listing culturally appropriate programs/services that are best-suited to meet the mental health needs of their aboriginal child(ren) requiring such care.

### **3. Method/Process**

An initial search by telephone was carried out from the national office of the NWAC for the purpose of identifying aboriginal and non-aboriginal professionals/experts in the health/social/education fields who are noted as having a particular interest in children's mental health issues. In addition, the gathering of the names and addresses of aboriginal women's organizations and/or institutions recognized as working in or having an interest in this issue were identified.

Following this Canada-wide search, a questionnaire was developed, in both official languages, and distributed to these sources by mail (See Appendix A). The following table illustrates the number of questionnaires sent to each province/territory.

**Table 1 - Distribution Of Questionnaires By Province/Territory**

Northwest Territory	53
Yukon	35
British Columbia	181
Alberta	120
Saskatchewan	122
Manitoba	169
Ontario	64
Quebec	66
New Brunswick	10
Nova Scotia	24
Prince Edward Island	10
Labrador/Newfoundland	28
Total	982

#### **4. Directory Layout**

The listing of programs and services are ranked geographically beginning from the western region of Canada. The names of the available programs and services are ranked in alphabetical order in each province/territory with the exception of Prince Edward Island. A respondent from Prince Edward Island stated that there are no specific programs/services for aboriginal children per se, however, everyone can use the existing provincial mental health programs/services. Each listing is presented in the same format as the questionnaire. The following provides a sample of the entries of each listing:

**a) Name of Organization / Association:**

*Address:*  
*Contact Person:*

**b) Program/Service Descriptors:**

*Program Name:*  
*Services Provided:*  
*Provided By:*  
*Location/Setting:*  
*Goals/Objectives:*  
*Program/Service Description:*  
*Cultural Appropriateness (Description):*

**c) Client Characteristics:**

*Age Group:*  
*Aboriginal Groups Served:*  
*Source Of Referral:*  
*Number Of Clients Seen In Past Year:*

## 5. The Mental Health Status of Canada's Aboriginal Children - Literature Review

Prepared by:

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for:

Children's Mental Health Unit - Childhood and Youth Division  
Human Resources Development Canada  
Tunney's Pasture  
Ottawa, Ontario

1996

### a) Preface

In the 1982 Canadian Constitution, the term "aboriginal" includes people of Indian, Inuit and/or Métis ancestry (Canadian Constitution). Of the 1,002,670 people who reported aboriginal ancestry in the Aboriginal Peoples Survey, 70% identify as Indian, 22% as Métis and 5% as Inuit. The majority of aboriginal people, that is 814,405 or 81.3%, live off-reserve (1991 Census Statistics Canada). From 1986 to 1991, the **NUMBER OF ABORIGINAL** people living in urban areas increased by 50% (Canadian Institution of Child Health, 1994).

The aboriginal population, both on and off-reserve, are younger than their Canadian counterparts. More than one-third, or 35.9%, of the aboriginal population living off-reserve are between 0-14 years of age compared to 21.5% for the rest of Canadians (A Profile of the Aboriginal Population Residing in Selected Off-Reserve Areas, February, 1990). According to the 1991 Census, there are 361,670 aboriginal children between the ages of 0-15 living in Canada (Canadian Institute of Child Health, 1994).

The three provinces having the highest **NUMBER OF ABORIGINAL** people living off-reserve are Ontario with aboriginal population numbering 214,510, British Columbia having 131,155 and Alberta listing their aboriginal off-reserve aboriginal population as 124,520 (1991 Census, Statistics Canada). It is estimated that 40,000 people of aboriginal ancestry live in Toronto and of this number, 11,000 are children under the age of 14 (Towards Holistic Wellness the Aboriginal Peoples, Standing Committee on Health, 1995).

With a higher proportion of aboriginal females in the 0-14 age group it is plausible that the number of births will continue to rise and remain greater than in the Canadian group.

The birth rate of aboriginal children is currently twice the Canadian rate (Canadian Institute of Child Health, 1994). A significant higher percentage (9%) of young First Nations women become mothers before their 18th year in comparison to 1% in the mainstream population (Ibid).

It is, therefore, extremely important that programs and services for aboriginal children be produced and/or re-designed from existing successful models. The development of this directory is based on the premise that this will be a positive first step in addressing the mental health needs of the increasing **NUMBER OF ABORIGINAL** children living off-reserve.

## **b) Mental Health Status**

To be healthy, from an aboriginal perspective, is to be well in the mental, physical, spiritual and environmental sense. Mental health is defined as "includ[ing] positive thinking, good judgment, exploring creativity, maintaining self-respect and understanding one's emotion", (Theresa Meuse. Towards Holistic Wellness, 1995).

According to the late Dr. Clare Brant, a well-known aboriginal psychiatrist, eight psychosocial stressors affect the mental health of a person (The Path to Healing, 1993). Those are:

- ❑ inadequate housing
- ❑ [un]employment/welfare
- ❑ no recreational facilities or programmes
- ❑ poor access to education and health resources
- ❑ disorganized band administration
- ❑ absent or inadequate transportation
- ❑ disorganized and inadequate social services, including family and child services
- ❑ absence of counselling services

The majority of aboriginal people experience, at one time or another, either or all of the above stressors with the children being the most vulnerable. The current living conditions of many of Canada's aboriginal children have been likened to those of other indigenous peoples in Third World countries (Canadian Institute of Child Health, 1994). There is no doubt that the socio-economic conditions in which many of them are born into negatively impacts their health. Perhaps the key to improving their physical and mental health status is to raise their standard of living to one that is comparable to the rest of Canadian children.

## **c) Mental Health Determinants**

Aboriginal people in this country live in abject poverty and survive in conditions that have been quoted in many reports to be deplorable and well below this country's standards. Poverty has an indirect link to the overall health status of a person because it affects one's ability to acquire proper food, shelter, clothing and other amenities deemed

necessary to meet normal daily requirements. Aboriginal people in Canada suffer many poverties of a materialistic and non-materialistic nature. One expert that testified at the Standing Committee on Health stated:

“Poor mental health among Aboriginal peoples...is the result of any basic unmet human need, alienations of all kinds, oppressions of all kinds, alienation from job opportunities, from education opportunities (...), and with basic unmet human needs, pathologies arise, and that's where I think some of our mental health problems arise. ” (Madeleine Dion-Stout. *Towards Holistic Wellness*, 1995).

### **Income**

Prolonged poverty has a negative effect on a person's psychological health and well-being resulting in a poor self- concept and low self-esteem (*The Path to Healing*, 1993). In 1991, 13% of all aboriginal people over 15 years of age had no employment income compared to 10% for the rest of Canadians

(*Towards Holistic Wellness*, 1995). And, for those in the workforce, 64% had an income less than \$20,000. in comparison to 48% for the rest of Canadians (*Ibid*) .About one-quarter of all aboriginal people living off-reserve received social assistance in 1991 (*Ibid*).

### **Employment**

Less aboriginal people are in the workforce. In 1991, 57% were employed compared to 68% for the rest of Canadians (*Holistic Wellness and the Aboriginal Peoples*). Unemployment rates for the general Canadian population, in 1991, were 10% but for the off- reserve Indian population the rate escalated to 25% (*Ibid*) .Even when employed, the income level of the aboriginal person is less compared to the mainstream Canadian as noted above under “Income.”

### **Housing**

Aboriginal children, both on and off-reserve, live in sub-standard housing. Aboriginal homes are four times less likely to have central heating compared to the general Canadian population (*Canadian Institute of Child Health*, 1994). Overcrowding is six times more prevalent in aboriginal homes located off-reserve (*Ibid*). According to the Canada Mortgage and Housing Corporation, 35% of the aboriginal population residing off-reserve are in need of proper housing (*Canadian Panel on Violence Against Women*, 1993).

It is an accepted reality that poor and overcrowded housing aggravates intra-familial tensions frequently leading to verbal and physical violence thus affecting the physical and mental health of all the occupants (*Ibid*).

## **Education**

The level of education of aboriginal people in Canada is significantly less than the general population. In fact, 17% of the total aboriginal population, between 15-49 years of age, have less than grade 9 as compiled in 1991 statistical data (Holistic Wellness and the Aboriginal Peoples, 1995). Only about 1/4 of the aboriginal people who identified as First Nations were successful in obtaining a high school diploma (Canada's Mental Health, 1993/1994). Non-aboriginal university students are 2.5 times more likely to succeed in university compared to aboriginal students (Ibid).

## **Recreation**

There is an absence of recreational facilities and/or planned events in aboriginal communities, whether on or off-reserve, to engage the children and youth in healthy leisure activities. As a result, many of the children are bored and resort to unhealthy behavioural activities such as alcohol/substance abuse and acts of delinquency (The Path to Healing, 1993). There is an urgent need to implement recreational programs for children of all ages in all aboriginal communities as a strategy to promote healthy lifestyles.

## **Alcohol And Substance Abuse**

Alcohol and substance abuse is very problematic in the aboriginal community. This issue affects aboriginal children as well. In 1993, in Davis Inlet, six children "high" on solvents were saved from committing mass suicide. This well-documented episode was proof to many Canadians that aboriginal children grow up in dismal and hopeless circumstances (The Path to Healing, 1993).

Fetal Alcohol Syndrome/Fetal Alcohol Effects (FAS/FAE), although exact numbers are not known, are higher in the aboriginal community. Children having FAS/FAE exhibit physical and mental (behavioural) problems. There is a lack of special services to treat children afflicted with FAS/FAE in Canada, in general, and an absence of culturally-based programs for aboriginal children suffering the effects of FAS/FAE (Holistic Wellness and the Aboriginal Peoples, 1995).

## **Violence**

Unfortunately, violence of all types is higher in the aboriginal community. It is estimated that 8/10 aboriginal women are victims of physical violence (Ontario Native Women's Association, 1988). Children are also victims of all forms of abuse and some experts speculate that violence has reached "epidemic proportions," (Towards Holistic Wellness, 1995; Canadian Panel on Violence Against Women, 1993; Indian and Inuit Nurses of Canada, 1991). Children who are victims of abuse or who frequently witness episodes of violence develop emotional/behavioural problems and eventually become abusers themselves (Canadian Panel on Violence Against Women, 1993).

## **Suicide**

The high numbers of suicide among aboriginal youth confirm that many aboriginal communities are in a serious social crisis. For the period 1986-'90, the suicide rate for youth between 10-19 years of age was 5 times greater than the Canadian rate (Canadian Institute of Child Health, 1994).

The suicide rate is higher among the First Nations male youth population with 54/100,000 compared to 12/100,000 for the general Canadian youth group (Ibid). It is important to remember that statistical information for the off-reserve aboriginal population on this issue is non-existent, thus, the rate may be even higher. Information on the number of attempted suicides are also unavailable, therefore, the actual number of completed suicides may be but the "tip of the iceberg," to signal the distress among aboriginal youth.

Recently, clusters of suicides have been occurring in various aboriginal communities, most notably in northern Ontario and in Big Cove, New Brunswick. The people of the Nishnawbe-Aski Nation (NAN), representing 49 First Nations' communities in northern Ontario, admit that they are in the "midst of a social crisis" and that suicide is at epidemic proportions. There were 129 suicides between 1985-'96 and more than 75% occurred among children and young adults between the ages of 10-25 (The First Perspective, September 1996).

Unfortunately, suicide statistics for the off-reserve aboriginal population are unavailable, however, it is thought that their plight may be worse for several reasons such as: stress of adaptation to urban life and physical and cultural isolation (Federal/Provincial/Territorial/National Aboriginal Organizations Working Group on Aboriginal Health, 1993).

The above facts/poverties do reveal, to some extent, that most of Canada's aboriginal people live in conditions that are not conducive to good health and well-being. These conditions may, in fact, promote or lead to a poor mental health status in the childhood years that will, most probably, carryon into adulthood (The Path to Healing. 1993).

### **d) Other Barriers To Overcome**

#### **Jurisdictional Division**

Jurisdictional responsibilities for the provision of health care for aboriginal people living off-reserve is a serious and ongoing obstacle to overcome. The Medical Services Branch of Health Canada has the responsibility to provide health services to the status Indian population on-reserve and to everyone residing in the Yukon territory (Towards Holistic Wellness, 1995). The Medical Services Branch does not cover health care for the Métis and the non-status Indians nor does it provide health services to the status Indian population living off-reserve (Ibid).

The provision of health services for all aboriginal people who reside off-reserve is the responsibility of either the federal, provincial and/or territorial governments with some services for aboriginal people solely under federal obligation. This split jurisdictional responsibility for payment of health services leads to gaps in services, inefficient use of health services and ongoing misinterpretation of eligibility for health services (Tripartite Working Group on Aboriginal Health, 1993).

Split jurisdictions, resulting from constitutional division of powers and the assumption of responsibilities by the federal government, has led to gaps in service, ineffective use of health services and misunderstandings among individuals on their eligibility for services (Tripartite Working Group on Aboriginal Health, 1993).

### **Lack Of Aboriginal Health Care Providers**

There is a shortage of qualified aboriginal health service providers to meet the ever increasing **NUMBER OF ABORIGINAL** people requiring care. Aboriginal community workers are under the constant threat of burn-out due to the high volume of work and because of the added stress of having to work with/for family and friends in the tight-knit aboriginal community (Tripartite Working Group, 1993; Towards Holistic Wellness, 1995).

In addition, there is a lack of culturally appropriate training programs for those wanting to enter the health field (Ibid). Unfortunately, many young aboriginal students stop taking science and math courses at the grade 10 level, thus, preventing them from enrolling in the health science programs at university to become a health professional (The Path to Healing, 1993).

### **Funding Shortage**

Funding for mental health programs specifically designed to meet the needs of aboriginal peoples are severely lacking (Towards Holistic Wellness, 1995). Métis people especially are affected as they are forced to compete for funds aimed at the mainstream population (Ibid). Funding for the development of programs specific to meet the mental health needs of aboriginal children must be designed, developed and delivered" by aboriginal health care providers if they are to be effective.

### **Research Gaps**

There is little information on the health status and/or needs of the Métis and off-reserve Indian population (Tripartite Working Group, 1993). Provincial and federal information collecting systems are status blind, therefore, important health information on this segment of the population is muffled and lost in the larger Canadian context. Hence, the difficulty in developing programs and services to meet their specific needs and to improve their health (Ibid).

## e) Solutions

This literature review reveals the poor living conditions in which many of Canada's aboriginal children live in, whether on or off-reserve. Their standard of living must be improved to a level equal to that of other Canadians, otherwise, their health - mental, physical, spiritual and environmental - will continue to lag behind and may in fact worsen in this time of economic restraint. Listed below are solutions to address this pressing concern.

- ❑ Develop culturally-appropriate healthy lifestyle campaigns (posters, videos, colouring and story-books, brochures and theatre plays) for aboriginal children and youth and initiate in the educational centres (day-care centres, Head Start programmes, kindergarten, elementary and secondary schools) that have a significant **NUMBER OF ABORIGINAL** children in attendance.
- ❑ Aboriginal children from infancy and throughout the child-hood years must have access to mental health consultants/counsellors.
- ❑ Implement recreational facilities and programmes for aboriginal children and youth in schools, community and friendship centres.
- ❑ Major urban areas must have specific health centres and or services to meet the needs of the aboriginal clientele and these centres must have a strong component aimed at improving the mental health status of aboriginal children.
- ❑ Institute data collecting systems for the off-reserve aboriginal population for the purpose of establishing base-line data and for policy development purposes.
- ❑ Initiate mental health training programs specifically for aboriginal people.
- ❑ Evaluate existing programs/services and share this information on a regional and national basis.
- ❑ Focus immediate attention to the mental health needs of aboriginal children living off-reserve.
- ❑ Encourage dialogue and coordination between the Federal/Provincial/Territorial and aboriginal organizations on a regular and ongoing manner.

## f) Conclusion

The sharing of information/knowledge is the key to empowerment. It is from this premise that the Native Women's Association of Canada (NWAC) conducted this literature review and developed a directory of mental health programs/services for aboriginal children living off-reserve.

Witnesses to the Standing Committee on Health said " [b]etter information is required to guide policy development... it is difficult to know which treatment or prevention programs are the most effective because good, sound data are often missing" (Towards Holistic Wellness, 1995). The Standing Committee on Health also believes that the sharing of information/knowledge is key to addressing issues,

"information about the many programs, both successful and unsuccessful, needs to be disseminated more widely and in an effective manner...the sharing of information can avoid the duplication of effort and can allow communities to adapt existing designs to meet their particular needs" (Ibid).

The NWAC believes that when this information/knowledge reaches the communities, the process of empowerment will begin and concrete measures and action to resolve the current situation will begin to take place.

**g) Appendix A - Bibliography**

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**h) Appendix B - Survey Questionnaire**

**SURVEY QUESTIONNAIRE**

Identification of Mental Health Programs and Services  
for the Inuit, Métis, Status, Treaty and Non-Status Indian  
Children Residing Off-Reserve

**Please return the completed questionnaire March 29, 1996 to:**

Native Women's Association of Canada  
9 Melrose Avenue  
Ottawa, ON  
K1Y 1T8  
Telephone: (613) 722-3033  
Facsimile: (613) 722-7687

*In this survey, the term "aboriginal" is used to identify the Inuit, Métis, Status, Treaty and Non-Status Indian residing off-reserve and children in the 0-12 year age category.*

**IDENTIFYING INFORMATION OF SURVEY RESPONDENT**

1. Name of organization/association:

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2. **ADDRESS:**

---

Street

City

---

Province

Postal Code

3. **CONTACT PERSON:**

---

Phone: ( ) \_\_\_\_\_

Fax: ( ) \_\_\_\_\_

E-mail: \_\_\_\_\_

**MENTAL HEALTH PROGRAM/SERVICE DESCRIPTIONS**

**PROGRAM NAME:**

---

---

---

Service(s) provided:

---

---

---

**PROVIDED BY:**

---

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Program **LOCATION/SETTING:**

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Program **GOAL/OBJECTIVES:**

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Program/service description:

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Is the program/service(s) culturally-specific to the aboriginal accessing services?

\_\_\_\_\_ Yes

\_\_\_\_\_ No

If it is, please briefly explain how it is:

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**CLIENT CHARACTERISTICS**

Age group served: \_\_\_\_\_

Aboriginal group(s) served:

\_\_\_\_\_ Inuit

\_\_\_\_\_ Métis

\_\_\_\_\_ Treaty/Status

\_\_\_\_\_ Non-Status

Source of referral for client:

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**NUMBER OF ABORIGINAL** clients served in the period Jan 01, 1995 to Dec 31, 1995.

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Additional comments:

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## SECTION 2

This section contains the listing of programs and services by territory and province.

### 1. NORTHWEST TERRITORY

#### FAMILY COUNSELLING

**ADDRESS:** P.O. Box 1915  
189 Loucheaux  
Inuvik, NWT  
X0E 0T0

Tel: (403) 979-4148  
Fax: (403) 979-2235

**CONTACT PERSON:** Dot Boose

**PROGRAM NAME:** Family Counselling

**SERVICES PROVIDED:** Counselling

**PROVIDED BY:** Therapists

**LOCATION/SETTING:** Inuvik, NWT

**GOAL/OBJECTIVES:** To advocate for mental health services and to meet the mental health needs of the community.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 0 -16 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Schools, community agencies and parents

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 147

**INGAMO HALL FRIENDSHIP CENTRE**

**ADDRESS:** P.O. Box 1293  
20 Mackenzie Road  
Inuvik, Northwest Territory  
X0E 0T0

Tel: (403) 979-2166  
Fax: (403) 979-2837

**CONTACT PERSON:** Rolund Peters

**PROGRAM NAME:** Alcohol and Drug Community Centre

**SERVICES PROVIDED:** Counselling, referrals, prevention and education in the Schools.

**PROVIDED BY:** Counsellors

**LOCATION/SETTING:** 4 Dolphin Road  
Inuvik, NWT

**GOAL/OBJECTIVES:** To provide an addiction free lifestyle and develop healthy family units

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 7- 65+

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Counselling services, courts and volunteers

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 300

## 2. YUKON TERRITORY

### CHILD DEVELOPMENT CENTRE

<b>ADDRESS:</b>	P.O. Box 2703 1000 Lewes Blvd. Whitehorse, Yukon Y1A 2C2
	Tel: (403) 668-4386 Fax: (403) 633-2039
<b>CONTACT PERSON:</b>	Irene Szabla
<b>PROGRAM NAME:</b>	Infant Development Program
<b>SERVICES PROVIDED:</b>	Early intervention services, home visits, assessment services, AM and PM preschool, daycare centre visits, intervention services and treatment plans, physio, occupational and speech therapy and, early childhood consultation.
<b>PROVIDED BY:</b>	Physiotherapists, occupational therapists, speech / language pathologists, early childhood consultants, teacher, education and program assistants.
<b>LOCATION/SETTING:</b>	Whitehorse and outreach visits to: Watson Lake, Mayo, Teslin, Haines Junction, Carcross, Dawson City, Pelly Crossing, Faro, Ross River, Carmacks and Old Crow.
<b>GOAL/OBJECTIVES:</b>	To assist children with special needs to achieve their fullest potential.  To enable families and children to feel welcomed and included in their communities.
<b>CULTURAL SUITABILITY:</b>	Yes
<b>AGE GROUPS:</b>	0 - 6 years
<b>ABORIGINAL GROUPS:</b>	Treaty/Status and Non-Status
<b>REFERRAL SERVICE:</b>	Parents, families, nurses, physicians, social workers and child care workers/directors.

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** 100

**CHILD DEVELOPMENT CENTRE**

**ADDRESS:** P.O. Box 2703  
Whitehorse, Yukon  
Y1A 2C2

Tel: (403) 979-4148  
Fax: (403) 979-2235

**CONTACT PERSON:** Irene Szabla

**PROGRAM NAME:** Preschool Program

**SERVICES PROVIDED:** Early intervention services, home visits, assessment services, AM and PM preschool, daycare centre visits, intervention services and treatment plans, physio, occupational and speech therapy and early childhood consultation

**PROVIDED BY:** Physiotherapists, occupational therapists, speech / language pathologists, early childhood consultants, teacher, education and program assistants.

**LOCATION/SETTING:** Whitehorse and outreach visits to: Watson Lake, Mayo, Teslin, Haines Junction, Carcross, Dawson City, Pelly Crossing, Faro, Ross River, Carmacks and Old Crow.

**GOAL/OBJECTIVES:** To assist children with special needs to achieve their fullest potential.  
  
To enable families and children to feel welcomed and included in their communities.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 0 - 6 years

**ABORIGINAL GROUPS:** Treaty/Status and Non-Status

**REFERRAL SERVICE:** Parents, families, nurses, physicians, social workers and child care workers/directors.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 100

**MOIR MANAGEMENT SYSTEMS INC.**

**ADDRESS:** P.O. Box 14  
SITE 1, R.R. # 1  
Thorsby, Alberta  
T0C 2P0  
  
Tel: (403) 389-4325  
Fax: (403) 389-4033

**CONTACT PERSON:** Dianne Moir

**PROGRAM NAME:** Wellness Creation Program

**SERVICES PROVIDED:** Community needs and program assessment, facilitation and implementation.

**PROVIDED BY:** Moir Management Systems

**LOCATION/SETTING:** Yukon

**GOAL/OBJECTIVES:** To enable community/group control and presentation of holistic healing programs.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Community, family, friends, workplace, school and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 25

**TRI NIN TSUL ZZEH - FAMILY DAY HOME**

**ADDRESS:** P.O. Box 37  
Old Crow, Yukon  
Y0B 1N0  
  
Tel: (403) 966-3423

**CONTACT PERSON:** Elizabeth Kaye

**PROGRAM NAME:** Family Day Home

**SERVICES PROVIDED:** Child care offered in a cultural setting

**PROVIDED BY:** Child Care Worker

**LOCATION/SETTING:** Old Crow, Yukon

**GOAL/OBJECTIVES:** To meet the needs of the children in a holistic manner and prepare them for entry into kindergarten.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 18 months - 6 years

**ABORIGINAL GROUPS:** Treaty/Status

**REFERRAL SERVICE:** Child Development Centre and Child Care Services

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 20

### 3. BRITISH COLUMBIA

#### **BRITISH COLUMBIA PSYCHOLOGICAL ASSOCIATION**

<b>ADDRESS:</b>	202-1755 West Broadway Vancouver, British Columbia V6J 4S5  Tel: (604) 730-0522 Fax: (604) 730-0502
<b>CONTACT PERSON:</b>	Shirley Jansen or Robert Tolsma
<b>PROGRAM NAME:</b>	British Columbia Psychological Association
<b>SERVICES PROVIDED:</b>	Referral service for 30 psychologists who provide services to aboriginal children.
<b>PROVIDED BY:</b>	Registered Psychologists
<b>LOCATION/SETTING:</b>	Private practice offices; college counselling centres; universities and medical centres; employee assistance programmes; community mental health centres; hospitals and health care facilities; and, family and child guidance centres located throughout British Columbia.
<b>GOAL/OBJECTIVES:</b>	To provide services that may prevent the development of serious illnesses or promote the building of attitudes and behaviour conducive to healthy lives or contribute to renewed health for those troubled by psychological problems and to work with people to optimize their performance in work and play.
<b>CULTURAL SUITABILITY:</b>	Yes
<b>AGE GROUPS:</b>	All ages
<b>ABORIGINAL GROUPS:</b>	Inuit, Métis, Treaty/Status, Non-Status
<b>REFERRAL SERVICE:</b>	Information not provided
<b>NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:</b>	Information not provided

**CANADIAN MENTAL HEALTH ASSOCIATION (CHILD AND YOUTH PROGRAM)**

**ADDRESS:** 205-149 Ingram Street  
Duncan, British Columbia  
V9L 1N8

Tel: (604) 746-5521

**CONTACT PERSON:** Clarys Tirel and Cornelia Wicki

**PROGRAM NAME:** Children and Youth Program

**SERVICES PROVIDED:** Services to children, youth and families in the areas of sexual abuse intervention, eating disorders, work with families and schools when children not in school because of behavioural/emotional difficulties and parenting skills. Work individually with families and in groups.

**PROVIDED BY:** Team of therapists and youth and family counsellors.

**LOCATION/SETTING:** 205-149 Ingram Street  
Duncan, British Columbia

**GOAL/OBJECTIVES:** To provide support to families, to enhance skills and to help healing resulting from trauma.

To provide therapeutic services to children, youth and their families in the areas determined by Ministry of Health contracts.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 3 - 19 years

**ABORIGINAL GROUPS:** Inuit, Métis and Non-Status

**REFERRAL SERVICE:** Ministry of Social Services, group homes, foster care parents and schools.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 5

**CENTRAL INDIAN FRIENDSHIP SOCIETY**

**ADDRESS:** 442 Leon Avenue  
Kelowna, British Columbia  
V1Y 6J3  
  
Tel: (604) 763-4905  
Fax: (604) 861-5514

**CONTACT PERSON:** Matilda Fenton

**PROGRAM NAME:** Family Response Program

**SERVICES PROVIDED:** Individual and family counselling, crisis intervention and support for aboriginal families.

**PROVIDED BY:** Family Response Workers

**LOCATION/SETTING:** The Central Okanagan Indian Friendship Centre and in homes.

**GOAL/OBJECTIVES:** To provide culturally appropriate family counselling services.

**CULTURAL SUITABILITY:** Yes - Healing based on Medicine Wheel

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Friendship Centre, Ministry of Social Services and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 48

**FORT ST. JOHN FRIENDSHIP SOCIETY**

**ADDRESS:** 10208-95th Avenue  
Fort St. John, British Columbia  
V1J 2T3

**CONTACT PERSON:** Tel: (604) 785-8566  
Fax: (604) 785-1507  
Ruby Roe

**PROGRAM NAME:** Youth and Pre-school Program

**SERVICES PROVIDED:** Nutrition education, healthy lifestyles, sportsmanship  
and alcohol, drug and solvent abuse counselling.

**PROVIDED BY:** Program workers and counsellor

**LOCATION/SETTING:** 10208- 95th Avenue Fort St. John, British Columbia

**GOAL/OBJECTIVES:** To assist children in developing responsible decision  
making abilities.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Community agencies and self-referral

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** 200

**HEY WAY NOGU (HEALING CIRCLE for ADDICTIONS SOCIETY)**

**ADDRESS:** 206-33 East Broadway  
Vancouver, British Columbia V5T 1V4

Tel: (604) 874-1831  
Fax: (604) 874-5235

**CONTACT PERSON:** Marie Anderson

**PROGRAM NAME:** Sexual Abuse Counselling

**SERVICES PROVIDED:** Individual and group counselling, information and educational workshops.

**PROVIDED BY:** Aboriginal counsellors

**LOCATION/SETTING:** 206-33 East Broadway  
Vancouver, British Columbia

**GOAL/OBJECTIVES:** To assist the client in restructuring their lifestyles to a maximum level of functioning in a culturally relevant way that enhances individuality, independence and uniqueness.

**CULTURAL SUITABILITY:** Yes - alternative treatment using smudging, sweat ceremonies and talking circles.

**AGE GROUPS:** 3 - 60+

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** First Nations organizations, government agencies and schools.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 60

**M'AKOLA HOUSING SOCIETY**

**ADDRESS:** 2009B Fernwood Road  
Victoria, British Columbia  
V8T 2Y8

Tel: (604) 384-1423  
Fax: (604) 381-1438

**CONTACT PERSON:** Joanne Mitchell or Linda Ross

**PROGRAM NAME:** Hulitan Social Services Society  
Sister Society of M'akola

**SERVICES PROVIDED:** Individual and family counselling, referral services,  
information and resource centre services.

**PROVIDED BY:** Social Worker and Counsellors

**LOCATION/SETTING:** Office setting or outreach and community rooms in  
housing complexes.

**GOAL/OBJECTIVES:** To meet the emotional and/or social needs of First  
Nations families.

**CULTURAL SUITABILITY:** Yes - First Nations staff  
**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Schools, parents, self, Ministry of Social Services,  
tenant relations' managers, housing maintenance  
staff and other professionals and agencies.

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** 100

**MÉTIS FAMILY SERVICES**

**ADDRESS:** 207-13638 Grosvenor Road  
Surrey, British Columbia  
V3R 5C9

Tel: (604) 584-6621  
Fax: (604) 582-4820  
Email: Iriel@dir.ca

**CONTACT PERSON:** Sandy Foulds

**PROGRAM NAME:** Métis Family Services

**SERVICES PROVIDED:** Counselling, court liaison, advocacy and supervised probation.

**PROVIDED BY:** Métis Family Services

**LOCATION/SETTING:** 207-13638 Grosvenor Road Surrey, British Columbia

**GOAL/OBJECTIVES:** To provide services to aboriginal peoples.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 0 - 6 years and parents

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Ministry of Social Services, social workers, financial aid workers, other aboriginal and non-aboriginal agencies, school and private individuals.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 209

**MOIR MANAGEMENT SYSTEMS INC.**

**ADDRESS:** P.O. Box 14  
Site 1, R.R. # 1  
Thorsby, Alberta  
T0C 2P0

Tel: (403) 389-4325  
Fax: (403) 389-4033

**CONTACT PERSON:** Dianne Moir

**PROGRAM NAME:** Wellness Creation Program

**SERVICES PROVIDED:** Community needs and program assessments, facilitation and implementation.

**PROVIDED BY:** Moir Management Systems

**LOCATION/SETTING:** British Columbia

**GOAL/OBJECTIVES:** To enable community/group control and presentation of holistic healing programs.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Community, family, friends, workplace, school and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 150

**NATIVE EDUCATION CENTRE**

**ADDRESS:** 285 East 5th Avenue  
Vancouver, British Columbia  
V5T 1H2

Tel: (604) 873-3761  
Fax: (604) 873-9152

**CONTACT PERSON:** Lorraine Fox (Tutoring Centre)  
Donna S. Ground [Hill] (Student Support Services)

**PROGRAM NAME:** Student Support Services and Tutoring Centre

**SERVICES PROVIDED:** Individual and family counselling for student and family members. Individual and group tutoring services.

**PROVIDED BY:** Counsellors

**LOCATION/SETTING:** 285 East 5th Avenue  
Vancouver, British Columbia

**GOAL/OBJECTIVES:** To provide support and referral to the student and other family members who are experiencing problems that affect quality of education of the student.

To provide academic support to aboriginal peoples (children and adults) in the Vancouver area.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 5 -18 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Social Workers, teachers, probation officers, aboriginal workers, band education coordinator and self-referrals.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 9040

**PRINCE GEORGE NATIVE FRIENDSHIP CENTRE**

**ADDRESS:** 144 George Street  
Prince George, British Columbia  
V2L 1P9

Tel: (604) 564-3568  
Fax: (604) 563-0924

**CONTACT PERSON:** Mary Clifford

**PROGRAM NAME:** Native Healing Centre

**SERVICES PROVIDED:** Individual, family, dyad and group therapy primarily on issues related to sexual abuse, family violence, grief and loss and residential school abuse.

**PROVIDED BY:** Five aboriginal therapists

**LOCATION/SETTING:** 144 George Street  
Prince George, British Columbia

**GOAL/OBJECTIVES:** To assist families to heal from sexual abuse, family violence and traumatic experiences through traditional Aboriginal health practices.

**CULTURAL SUITABILITY:** Yes - Sweat lodges, smudging and other traditional ceremonies

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Walk-ins, self-referrals, Friendship Centre, Ministry of Social Services, courts, local and regional Indian Bands and agencies, other social agencies and aboriginal organizations.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 350

**SAANICH INDIAN SCHOOL BOARD**

**ADDRESS:** P.O. Box 368  
Brentwood Bay, British Columbia  
V8M 1R3

Tel: (604) 652-2313  
Fax: (604) 652-6929

**CONTACT PERSON:** Sherri Lutz

**PROGRAM NAME:** Counselling Services

**SERVICES PROVIDED:** Individual and group counselling, referrals, consultations, resources, coordination and education.

**PROVIDED BY:** Sherri Lutz, M.A.

**LOCATION/SETTING:** School

**GOAL/OBJECTIVES:** To support the children at the Saanich Indian School Board.

To foster a sense of holistic wellness within the children.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 4 -19 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Parent, teacher, principal and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 400

**SALISHAN PATHWAYS HUMAN RESOURCE SOCIETY**

**ADDRESS:** 434 W. 2nd Street  
North Vancouver  
Vancouver, British Columbia  
V7M 1E4

Tel: (604) 990-9401  
Fax: (604) 990-9403

**CONTACT PERSON:** Teresa Campbell

**PROGRAM NAME:** Kaylela Family Centre - North Shore Community  
Action Plan for Children Coalition

**SERVICES PROVIDED:** Traditional Indian Parenting/Nobody's Perfect, Family  
Support Outreach Worker, Breastfeeding Peer  
Counsellor Training, Support Counsellors, and,  
Information & Resource Consultant for Child Care.

**PROVIDED BY:** Coalition of agencies that provide services on the  
North Shore.

**LOCATION/SETTING:** Presently located on Squamish Nation reserve but will  
re-locate to storefront, off-reserve setting.

**GOAL/OBJECTIVES:** To provide greater accessibility to existing services  
and to enhance services for children 0-6 years in high  
risk families.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 0 - 6 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Interagency referrals, Social Services, Band Social  
Development and Health Services.

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** 400

**VANCOUVER ABORIGINAL FRIENDSHIP CENTRE SOCIETY**

**ADDRESS:** 1607 East Hastings Street  
Vancouver, British Columbia  
V4L 1S7

Tel: (604) 251-4844  
Fax: (604) 251-1986  
Email: jjtaylor@unixg.ubc.ca

**CONTACT PERSON:** Dawne Carlson

**PROGRAM NAME:** Fetal Alcohol Syndrome and Fetal Alcohol Effects Program.

**SERVICES PROVIDED:** Referring FAS/E children and youth to assessment and diagnosis resources and providing children and youth with FAS/E information through educational workshops and support groups.

**PROVIDED BY:** Counsellor and support worker

**LOCATION/SETTING:** 1607 East Hastings Street  
Vancouver, British Columbia

**GOAL/OBJECTIVES:** To prevent FAS/E through education.

To support through counselling and referral to resources who provide diagnosis and ongoing emotional, spiritual, mental and physical after care.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Aboriginal organizations, Justice system, elders, Ministry of Social Services, Mental Health Services, Children's Hospitals, Physicians and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 1592

**VANCOUVER ABORIGINAL FRIENDSHIP CENTRE SOCIETY**

**ADDRESS:** 1607 East Hastings Street  
Vancouver, British Columbia  
V5L 1S7

Tel: (604) 251-4844  
Fax: (604) 251-1986

**CONTACT PERSON:** Robert Harry and Jean Allbeury  
**PROGRAM NAME:** Little Owl Program

**SERVICES PROVIDED:** Lunch program, social outings, individual and group counselling, arts and crafts, educational play and learning for children.

**PROVIDED BY:** Counsellor and Support Worker

**LOCATION/SETTING:** 1607 East Hastings Street  
Vancouver, British Columbia

**GOAL/OBJECTIVES:** Information not provided

**CULTURAL SUITABILITY:** Yes - Talking and healing circles, traditional ceremonies and counselling based on Medicine Wheel.

**AGE GROUPS:** 0 - 25 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Ministry of Social Services and Health, Aboriginal organizations, health units, hospitals, community agencies and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 100

**VANCOUVER ABORIGINAL FRIENDSHIP CENTRE SOCIETY**

**ADDRESS:** 1607 East Hastings Street  
Vancouver, British Columbia  
V5L 1S7

Tel: (604) 251-4844  
Fax: (604) 251-1986

**CONTACT PERSON:** Cori Thunderchild

**PROGRAM NAME:** Solvent Abuse Prevention Program

**SERVICES PROVIDED:** Solvent abuse education, counselling, referral and resource information.

**PROVIDED BY:** Program Coordinator

**LOCATION/SETTING:** 1607 East Hastings Street  
Vancouver, British Columbia

**GOAL/OBJECTIVES:** To educate the public on the effects of solvent abuse.

**CULTURAL SUITABILITY:** Yes - Medicine Wheel teachings are incorporated in every presentation.

**AGE GROUPS:** 6 - adult

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Solvent abuse education

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 300

**VANCOUVER SCHOOL DISTRICT #39**

**ADDRESS:** Vancouver School Board  
1595 West 10th Avenue  
Vancouver, British Columbia  
V6J 1Z8

Tel: (604) 731-1131 local 340  
Fax: (604) 731-7359

**CONTACT PERSON:** Lorna Williams

**PROGRAM NAME:** First Nations Education

**SERVICES PROVIDED:** Play therapy and counselling

**PROVIDED BY:** Trained therapist/counsellor, youth and family workers  
and First Nations School support workers.

**LOCATION/SETTING:** Alternate First Nations Programs, secondary and  
elementary schools in the Vancouver School District  
#39.

**GOAL/OBJECTIVES:** Varies with each program offered through the First  
Nations Education Vancouver School Board District  
#39.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 6 -18 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Administrators, counsellors and teachers

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** 2000

## 4. ALBERTA

### ABORIGINAL HEALTH UNIT – ALBERTA HEALTH

**ADDRESS:** 24th Floor, 10025 Jasper Avenue  
Edmonton, Alberta  
T5J 2P4

Tel: (403) 427-0407  
Fax: (403) 427-2511  
Email: burkep@mail.health.gov.ab.ca

**CONTACT PERSON:** Philip Burke

**PROGRAM NAME:** Aboriginal Health Strategy Project Fund

**SERVICES PROVIDED:** Provides funding for projects that improve access to existing provincially funded health services by Aboriginal people.

**PROVIDED BY:** Alberta Health - (Aboriginal Health Unit)

**LOCATION/SETTING:** Throughout the province. (Projects may involve partnerships with Aboriginal communities, Regional Health Authorities, Provincial Health Boards or with health providers in the province).

**GOAL/OBJECTIVES:** To support partnerships among aboriginal communities /associations/organizations and Regional Health Authorities, Provincial Health Boards, local health providers and other stakeholders in the health field.

To assist aboriginal communities in identifying their health needs and to begin meeting those needs through innovative projects in partnership with other health authorities and organizations.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** N/A

**NUMBER OF ABORIGINAL CLIENTS SEEN IN THE PAST 12 MONTHS:** FUNDING TO COMMENCE IN JUNE 1996.

**ALEX TAYLOR COMMUNITY SCHOOL**

**ADDRESS:** 9321 Jasper Avenue  
Edmonton, Alberta  
TSH 3T7

Tel: (403) 422-6240  
Fax: (403) 424-2920

**CONTACT PERSON:** Dr. S. Ramsankar & D. Molstad-Hnybida

**PROGRAM NAME:** Alex Taylor Community School

**SERVICES PROVIDED:** Pre-school (day), Before and after school program  
Counselling program, Referral services,  
Sacred Circle, Recreational program, Social skills

**PROVIDED BY:** The school, community staff, volunteers and parents.

**LOCATION/SETTING:** Alex Taylor Community School.

**GOAL/OBJECTIVES:** To love, share, care, respect and to develop self-esteem.

**CULTURAL SUITABILITY:** Yes - use of Sacred Circle

**AGE GROUPS:** 1 - 12 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Children enrolled in pre-school, kindergarten or elementary school.

Adults learn about the school through the community and/or seniors.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN THE PAST 12 MONTHS:** 50 +

## APOKAA'SAN

<b>ADDRESS:</b>	c/o Native American Studies University of Lethbridge Lethbridge, Alberta T1K 3M4*  Tel: (403) 329-2635 Fax: (403) 329-2085
<b>CONTACT PERSON:</b>	Russell Barsh
<b>PROGRAM NAME:</b>	Apokaa'sin**
<b>SERVICES PROVIDED:</b>	Cultural resource people (native adults and elders) are made available to work with children, individually or in groups, in schools, after-school programs, housing projects, streets and youth detention facilities.
<b>PROVIDED BY:</b>	Apokaa'sin is a consortium of several agencies. Each agency provides staff, elders and youth to operate Apokaa'sin. The cultural resource people are recruited from the community and will be trained and supervised by the consortium.
<b>LOCATION/SETTING:</b>	Lethbridge, Alberta
<b>GOAL/OBJECTIVES:</b>	To provide native children with reliable, trusted adult "anchors" to backstop their loss in the city of the access to large extended family and community elders.
<b>CULTURAL SUITABILITY:</b>	Yes - The pool of resource people is recruited to match the diversity of the city's Native children (Blackfoot, Cree, and Métis, as well as a large number of Dene and other Northern nations) so children can be matched with adults from their own cultural and linguistic background.
<b>AGE GROUPS:</b>	4 -12 years
<b>ABORIGINAL GROUPS:</b>	Inuit, Métis, Treaty/Status and Non-Status
<b>REFERRAL SERVICE:</b>	Teacher, family counsellor, social worker, police or probation officer, child protection workers, and, Native youth program personnel.

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN THE PAST  
12 MONTHS:**

Projected caseload: 1500 children in 1996

\* Temporary address until June of 1996

\*\* Apokaa'sin is a consortium of the Native Counselling services Association; Sik-oo-kotok Friendship Centre, Native Education Project, Native Women's Transition Home Society; Aboriginal Health Unit; Treaty Seven Housing Authority, and Native American Studies Department (University of Lethbridge).

**BEN CALF ROBE SOCIETY**

**ADDRESS:** 11833 - 64th Street  
Edmonton, Alberta  
T5W 4J2

Tel: (403) 477-6648  
Fax: (403) 479-6199

**CONTACT PERSON:** Laura Vinson

**PROGRAM NAME:** Ben Calf Robe Society

**SERVICES PROVIDED:** Family Support: encourages family self-management.

Going Home: improves the self-image of Aboriginal youth in Non-Native homes to improve their self-image through a positive connection with their culture and family.

In Home Family Support: provides front-line family support to children and their families with Child Welfare status.

Youth Intervention: an early intervention and prevention program for youth between the ages of 8 - 18. Gives young people a safe place for peer support and recreational endeavours.

Healthy Safe Baby: provides preventative and supportive services to pregnant and teen parents to commit to a healthy pregnancy/birth and to help the mothers develop the ability to care for their child in a responsible manner following birth.

Aboriginal Head Start\*: provides Aboriginal children with experiences designed to enhance their self-image and prepare them to enter the regular school system.

**PROVIDED BY:**

Social Workers, Elders, Youth Intervention Workers, Youth Workers, Parent Aids, Registered Nurse, Educators, Early Childhood Educators, Teacher Aids, Cultural Instructors (Traditional Dancing, Craft Instructors), Actors and Family Support Workers.

**LOCATION/SETTING:**

Edmonton, Alberta

**GOAL/OBJECTIVES:**

To contribute to the building of a positive self-image among native youth and their families.

To promote a sense of belonging and community among native youth and their families.

To support the well-being of the native families who receive services from society.

To provide "bridging" services to help native families access services available from government and other agencies.

To act as a resource to the Department of Social Services staff including participation in case planning as requested.

To serve as a resource to education institutions with the intent of increasing the quality of education/training received by native students.

To assist where possible in increasing the amount of education/training received by native students.

To assure that topics focusing on abuse in all of it's expression, such as substance abuse, human sexuality, etc. are integral to the scope and sequence of the curricula and that the content studied is at appropriate levels for all students.

To assure that native youth and their families are aware and knowledgeable about the sources of help

concerning such areas of assistance as substance abuse, human sexuality and suicide prevention.

To facilitate the referral of native youth and their families to appropriate sources of help and provide follow-up to ensure continuity of intervention and service as may be required.

To effectively address the needs of native youth and their families requiring that families, native communities, schools and social service agencies be involved in a coordinated fashion.

To develop and/or encourage research, which enriches knowledge of child welfare, social services and or education/training needs of Aboriginal Peoples.

To attempt to increase the community's knowledge and understanding of Aboriginal Peoples and their culture.

To carry out positive advocacy role with governments and other agencies as dictated by circumstances.

<b>CULTURAL SUITABILITY:</b>	Yes
<b>AGE GROUPS:</b>	0 - 18 years
<b>ABORIGINAL GROUPS:</b>	Métis, Treaty/Status and Non-Status
<b>REFERRAL SERVICE:</b>	N/ A
<b>NUMBER OF ABORIGINAL CLIENTS SEEN IN THE PAST 12 MONTHS:</b>	Information not provided

\* To commence in September 1996

**CALGARY NATIVE HEAD START**

**ADDRESS:** 201-60th Avenue, S. W.  
Calgary, Alberta  
T2H 0B1

Tel: (403) 640-4368  
Fax: (403) 253-5658

**CONTACT PERSON:** Annabelle Chatsis

**PROGRAM NAME:** The Calgary Native Head Start Program

**SERVICES PROVIDED:** Prepares, through culturally appropriate programs, urban aboriginal children between 3 - 6 years of age, for successful immersion into kindergarten and elementary school education.

**PROVIDED BY:** Health Canada

**LOCATION/SETTING:** South Calgary

**GOAL/OBJECTIVES:** To enhance the holistic development of young children and their families who are experiencing financial challenges.

To provide children a head start in cultural and academic learning in order to improve their quality of life and to ensure a successful transition into grade one.

To empower and encourage Native parents to effectively parent their children with a renewed awareness of traditional and cultural child-rearing principles.

To develop a variety of training material for parents, caregivers that facilitates awareness and pride in Native values, roots and heritage.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 3 - 6 years.

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Community agencies, schools and community members

**NUMBER OF ABORIGINAL CLIENTS SEEN IN THE PAST 12 MONTHS:** 48

**CALGARY NATIVE WOMEN'S SHELTER**

**ADDRESS:** P.O. Box 6048  
Calgary, Alberta  
T2H 2L3

Tel: (403) 531-1971  
Fax: (403) 531-1977

**CONTACT PERSON:** Josie Nepinak-Oltrop

**PROGRAM NAME:** Calgary Native Women's Shelter

**SERVICES PROVIDED:** Offers safe accommodation, counselling, support and referrals to women and children in abusive situations.

**PROVIDED BY:** Calgary Native Women's Shelter Society

**LOCATION/SETTING:** Calgary, Alberta

**GOAL/OBJECTIVES:** To offer a culturally-specific program to Native women and their families.

**CULTURAL SUITABILITY:** Yes - Elders and cultural enrichment through sweet-grass and prayers, story-telling, going on field trips and making Native crafts.

**AGE GROUPS:** All ages (women and children)

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Community services such as Child Welfare, Calgary city police, schools and self-referrals.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 250 families with an average of 3 children per family.

**GRAND CENTRE CANADIAN NATIVE FRIENDSHIP CENTRE**

**ADDRESS:** P.O. Box 1978  
Grand Centre, Alberta  
T0A 1T0  
  
Tel: (403) 594-7526

**CONTACT PERSON:** Dennis Wolfe

**PROGRAM NAME:** One-on-one counselling

**SERVICES PROVIDED:** Referrals made to other agencies and service delivery organizations.

**PROVIDED BY:** Information not provided

**LOCATION/SETTING:** Information not provided

**GOAL/OBJECTIVES:** Information not provided

**CULTURAL SUITABILITY:** Information not provided

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Information not provided

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** Information not provided

**KIWANI OWAPI HEALTH SOCIETY (DREAMING THE EARTH AWAKE)**

**ADDRESS:** 17222-57th Avenue  
Edmonton, Alberta  
T6M 1B3  
  
Tel: (403) 484-2997

**CONTACT PERSON:** Joanne Pompana

**PROGRAM NAME:** Kiwani Owapi Healing Society

**SERVICES PROVIDED:** Healing Circles, counselling, ceremonies for rites of passage, renewing ceremonies, retreats, pot-lucks, workshops, naming ceremonies, women and family support services.

**PROVIDED BY:** Nurses, social workers, psychologists, sociologists, addiction/sexual abuse/shelter/family violence counsellors, traditional healers, elders, massage therapists, chiropractors, herbalists and physiotherapists.

**LOCATION/SETTING:** Family Holistic Centre  
10121-151 Street  
Edmonton, Alberta  
T5P 1T5

**GOAL/OBJECTIVES:** To help women get the values of love, courage, honesty, generosity, chastity, silence and respect integrated back into other lives for themselves and their families in a holistic aboriginal way.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Information not provided

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 21

**LETHBRIDGE NATIVE HEAD START PROGRAM**

**ADDRESS:** 520-18th South  
Lethbridge, Alberta  
T1J 3E7

Tel: (403) 320-0559  
Fax: (403) 320-0559

**CONTACT PERSON:** Gerri Many Fingers

**PROGRAM NAME:** Lethbridge Native Head Start Program  
**SERVICES PROVIDED:** Kindergarten curriculum implemented that includes a Blackfoot language component and teachings by Elders on a weekly basis.

**PROVIDED BY:** Head Start educator, Blackfoot language educator and community Elders.

**LOCATION/SETTING:** 520 - 18th Street, South Lethbridge, Alberta  
(Lethbridge Native Women's Transition Home)

**GOAL/OBJECTIVES:** To help children develop socially, mentally, physically and spiritually and to be proud of their aboriginal heritage.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 3 -5 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Social Services, Lethbridge Women's Transition Home and family members.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 24

**MOIR MANAGEMENT SYSTEMS INC.**

**ADDRESS:** P.O. Box 14  
Site 1, R.R. 1  
Thorsby, Alberta  
T0C 2P0

Tel: (403) 389-4325  
Fax: (403) 389-4033

**CONTACT PERSON:** Dianne Moir

**PROGRAM NAME:** Wellness Creation Program

**SERVICES PROVIDED:** Community needs and program assessment, facilitation and implementation.

**PROVIDED BY:** Moir Management Systems  
**LOCATION/SETTING:** Alberta

**GOAL/OBJECTIVE:** To enable community/group control and presentation of holistic healing programs.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Community, family, friends, workplace, school and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 50

**NATIVE WOMEN'S DAY CARE CENTRE**

**ADDRESS:** 1723-33rd Street S. W.  
Calgary, Alberta  
T3C 1P4

Tel: (403) 242-4165  
Fax: (403) 686-1055

**CONTACT PERSON:** Magdalena Hellebrand

**PROGRAM NAME:** Day Care

**SERVICES PROVIDED:** Provides on-site day care services for parents who are enrolled as full time students at Plains Indians Cultural Survival School.

**PROVIDED BY:** Plains Indians Cultural Survival School Society

**LOCATION/SETTING:** Plains Indians Cultural Survival School Society

**GOAL/OBJECTIVE:** To provide a day care environment for children that will encourage a stronger Indian identity and increase their self-esteem.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 2 -12 years

**ABORIGINAL GROUPS:** Métis and Treaty/Status

**REFERRAL SERVICE:** School Board

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 60

**OLIVER SCHOOL CENTRE FOR CHILDREN**

**ADDRESS:** 10210-117th Street  
Edmonton, Alberta  
T5K 1X6

Tel: (403) 482-2116  
Fax: (403) 488-5545

**CONTACT PERSON:** Avril Pike

**PROGRAM NAME:** Head Start  
(Daycare and Out-of-school programs also offered)

**SERVICES PROVIDED:** Children attend four half days a week for 10 months.  
A social worker provides support in the homes and makes referrals when necessary.

**PROVIDED BY:** Early childhood educators and a social worker

**LOCATION/SETTING:** Oliver School Centre for Children

**GOAL/OBJECTIVE:** To provide accessible, high-quality children's programming to low-income families.

**CULTURAL SUITABILITY:** Yes - Use of culturally appropriate toys and books

**AGE GROUPS:** 13 months -12 years (age varies with program)

**ABORIGINAL GROUPS:** Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Service agencies, self-referral or other parents.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 12

**ROCKY NATIVE FRIENDSHIP CENTRE SOCIETY**

**ADDRESS:** P.O. Box 1927  
Rocky Mountain House, Alberta  
T0M 1T0

Tel: (403) 845-2788  
Fax: (403) 845-3093

**CONTACT PERSON:** Carrie Mason or Alice Peters

**PROGRAM NAME:** Aboriginal Head Start

**SERVICES PROVIDED:** Education provided for children in a cultural setting.

**PROVIDED BY:** Staff of Rocky Native Friendship Centre

**LOCATION/SETTING:** 4917-52nd Street Rocky Mountain House, Alberta

**GOAL/OBJECTIVE:** To provide healthy life-style choices to Aboriginal children and their families.

To provide educational workshops and support groups to families.

**CULTURAL SUITABILITY:** Yes - Elders are involved in the programs and cultural activities are promoted.

**AGE GROUPS:** 5 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Agencies, self-referrals, school and Royal Canadian Mounted Police.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 60+

**WASSENAS COUNSELLING AND EDUCATION SERVICES**

**ADDRESS:** 1702-10135 Saskatchewan Drive  
Edmonton, Alberta  
T6E 4V9

Tel: (403) 492-0772  
Fax: (403) 492-2024  
Email: peggy.wilson@ualberta.ca  
wilsonal@hugsel.harvard.edu

**CONTACT PERSON:** Dr. Peggy Wilson or Dr. Stan Wilson

**PROGRAM NAME:** Information not provided

**SERVICES PROVIDED:** Individual counselling, evaluation and needs assessments of educational programs and psychological assessments for special educational funding.

**PROVIDED BY:** A team of six psychologists and educators

**LOCATION/SETTING:** Services offered throughout Canada upon request

**GOAL/OBJECTIVE:** To empower communities and individuals to live holistic lives where the full potential of lives are actualized.

**CULTURAL SUITABILITY:** Yes - Prayer, smudging and the involvement of Elders

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Physicians and by community request

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 150

## 5. SASKATCHEWAN

### **BATTLEFORDS INDIAN MÉTIS FRIENDSHIP CENTRE**

**ADDRESS:** 12002 Railway Avenue, East  
North Battleford, Saskatchewan  
S9A 3W3

Tel: (306) 445-8216  
Fax: (306) 445-6863

**CONTACT PERSON:** Penny Swindler/Donovan Arcand

**PROGRAM NAME:** Solvent Abuse Prevention Program

**SERVICES PROVIDED:** Information on solvents and drugs

**PROVIDED BY:** Qualified Facilitators

**LOCATION/SETTING:** 12002 Railway Avenue,  
East North Battleford, Saskatchewan

**GOAL/OBJECTIVES:** To educate youth about their choices and consequences.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 7-18 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Youth workers, probation officers, schools, youth service agencies, parents and self-referral

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** Information not provided

**BATTLEFORDS INDIAN MÉTIS FRIENDSHIP CENTRE**

**ADDRESS:** 12002 Railway Avenue, East  
North Battleford, Saskatchewan  
S9A 3W3

Tel: (306) 445-8216  
Fax: (306) 445-6863

**CONTACT PERSON:** Penny Swindler/Donovan Arcand

**PROGRAM NAME:** Youth Program

**SERVICES PROVIDED:** Recreational activities

**PROVIDED BY:** Youth workers

**LOCATION/SETTING:** 12002 Railway Avenue,  
East North Battleford, Saskatchewan

**GOAL/OBJECTIVES:** To offer daily activities to youth considered “at risk.”

**CULTURAL SUITABILITY:** Yes - Cultural speakers and activities

**AGE GROUPS:** 7- 18 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Agencies and parents

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** Information not provided

**CANADIAN MENTAL HEALTH ASSOCIATION IN SASKATCHEWAN**

**ADDRESS:** 2702-12th Avenue  
Regina, Saskatchewan  
S4T 1J2

Tel: (306) 525-5601  
Fax: (306) 569-3788

**CONTACT PERSON:** Dr. John Hylton

**PROGRAM NAME:** Friends for Life

**SERVICES PROVIDED:** Public awareness and education about preventing youth suicide. Classroom presentations focusing on the promotion of mental health and the development of personal skills.

**PROVIDED BY:** Staff members

**LOCATION/SETTING:** Throughout the province

**GOAL/OBJECTIVES:** To prevent fatal and non-fatal youth suicidal behaviours among Saskatchewan youth through public awareness and education, community development, youth involvement, research and evaluation and the Saskpower Friends for Life Resource Centre.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 10 - 24 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Information not provided

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** Information not provided

**FAMILY HEALING CIRCLE LODGE**

**ADDRESS:** 315 Avenue F. South  
Saskatoon, Saskatchewan  
S7M 1T3

Tel: (306) 653-3900  
Fax: (306) 653-0394

**CONTACT PERSON:** Carole Gorgchuck

**PROGRAM NAME:** Family Violence Prevention Program

**SERVICES PROVIDED:** Drop-in and time-out centre, educational programs, support groups, family counselling, traditional healing and child care.

**PROVIDED BY:** Staff and qualified volunteers

**LOCATION/SETTING:** Saskatoon, Saskatchewan

**GOAL/OBJECTIVES:** To create stronger and healthier families

**CULTURAL SUITABILITY:** Yes - Services based on traditional values and healing methods.

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**PETER BALLANTYNE CREE NATION HEALTH SERVICES INC.**

**ADDRESS:** P.O. Box 339  
Prince Albert, Saskatchewan  
S6V 5R7

Tel: (306) 953-4425  
Fax: (306) 922-4479

**CONTACT PERSON:** Sylvia Morin

**PROGRAM NAME:** Family Services

**SERVICES PROVIDED:** Referrals, advocacy, support and coordination

**PROVIDED BY:** Family Service Coordinator

**LOCATION/SETTING:** Prince Albert, Saskatchewan

**GOAL/OBJECTIVES:** To enhance and improve the quality of life for families.  
To liaise with existing service organizations.

**CULTURAL SUITABILITY:** Yes - Aboriginal coordinator

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Treaty/Status

**REFERRAL SERVICE:** Information not provided

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 372

**RAINBOW YOUTH CENTRE**

**ADDRESS:** 2338 Dewdney Avenue  
Regina, Saskatchewan  
S4X 1L5

Tel: (306) 757-9743  
Fax: (306) 757-9759

**CONTACT PERSON:** Mellodee Hansen

**PROGRAM NAME:** Youth Centre

**SERVICES PROVIDED:** Counselling, education, recreation, social, advocacy,  
intervention and nutrition program.

**PROVIDED BY:** Staff members

**LOCATION/SETTING:** 2338 Dewdney Avenue  
Regina, Saskatchewan S4X 1L5

**GOAL/OBJECTIVES:** To provide an array of integrated services to youth

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 11 - 25 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Legal system, community agencies and self-referral

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** 600

**REGINA NATIVE YOUTH AND COMMUNITY SERVICES INC.**

**ADDRESS:** 5111-3rd Avenue  
Regina, Saskatchewan  
S4T 0G1

Tel: (306) 949-9600  
Fax: (306) 949-8066

**CONTACT PERSON:** Tom Warner

**PROGRAM NAME:** Tapwe'ci

**SERVICES PROVIDED:** A treatment program for therapeutic group living as well as individual skill-enhancing activities focused on:

- In Depth Group and Individual Counselling
- 24 hour treatment
- Cultural awareness/experience
- Family re-unification
- Personal Growth and achievement
- Stabilization
- Responsibility/accountability emphasis
- School success
- Recreation pursuit
- Hope for the future

**PROVIDED BY:** Elders and professionals

**LOCATION/SETTING:** Regina, Saskatchewan

**GOAL/OBJECTIVES:** To help the children to better understand the past, to adjust to and to positively anticipate the future.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 12 - 15 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SOURCE:** Saskatchewan Social Services, Child and Youth Services, reserve communities and families living in the urban areas.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 10

**WOMEN OF THE DAWN INC.**

**ADDRESS:** 2201-1st Avenue  
Regina, Saskatchewan  
S4R 8G4

Tel: (306) 791-6500  
Fax: (306) 347-8533

**CONTACT PERSON:** Sonya Scales/Ivy Kennedy

**PROGRAM NAME:** Women of the Dawn

**SERVICES PROVIDED:** Counselling and support, children's safe house program, advocacy, self-esteem workshops, suicide prevention workshops, sexual abuse workshops, healing circles and child care.

**PROVIDED BY:** Staff members

**LOCATION/SETTING:** 2201-1st Avenue Regina, Saskatchewan

**GOAL/OBJECTIVES:** To give First Nations women opportunities to be self-reliant.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Information not provided

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 3000

## 6. MANITOBA

### BRANDON FRIENDSHIP CENTRE

**ADDRESS:** 303 - 9th Street  
Brandon, Manitoba  
R7B 2C9

Tel: (204) 727-1407  
Fax: (204) 726-0902

**CONTACT PERSON:** Noreen Bailey

**PROGRAM NAME:** In a Good Way

**SERVICES PROVIDED:** Assessments, individual and group counselling, workshops and referrals.

**PROVIDED BY:** Psychologist/psychiatric nurse

**LOCATION/SETTING:** 303-9th Street Brandon, Manitoba

**GOAL/OBJECTIVES:** To implement a holistic approach to healing within Aboriginal families and within the community.

**CULTURAL SUITABILITY:** Yes - Elders, Aboriginal staff, cultural stories, games and use of traditional toys.

**AGE GROUPS:** 0 -16 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Aboriginal and mainstream agencies and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 143

**CHILD AND FAMILY SERVICES OF WESTERN MANITOBA**

**ADDRESS:** 100 - 340 - 9th Street  
Brandon, Manitoba R7A 6X1

Tel: (204) 726-6030  
Fax: (204) 726-6775

**CONTACT PERSON:** Marie Wotton

**PROGRAM NAME:** Preschool Enrichment Program

**SERVICES PROVIDED:** Nursery school setting for children in need of stimulating and enriching experiences vital to their healthy growth and development.

**PROVIDED BY:** Early Childhood Educators

**LOCATION/SETTING:** Brandon, Manitoba

**GOAL/OBJECTIVES:** To promote the social and emotional development of the child by encouraging self expression and self confidence.

To encourage the child to develop self discipline while respecting the rights of others.

To facilitate language and encourage the use of a problem solving process.

To offer an opportunity to establish secure relationships with adults who show a sincere interest in each child's uniqueness and encourage enjoyment and satisfaction as motivation for further learning.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 2 - 6 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Information not provided

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 50

**CHILD AND FAMILY SERVICES OF WESTERN MANITOBA**

**ADDRESS:** 100 - 340 - 9th Street  
Brandon, Manitoba  
R7A 6X1

Tel: (204) 726-6030  
Fax: (204) 726-6775

**CONTACT PERSON:** Marie Wotton

**PROGRAM NAME:** Victoria Day Care Centre

**SERVICES PROVIDED:** Child Care Services

**PROVIDED BY:** Early Childhood Educators

**LOCATION/SETTING:** Brandon, Manitoba

**GOAL/OBJECTIVES:** To provide a safe, wholesome environment for the child so that parents can leave their child with assurance that he/she is cared for by staff who will offer warmth, attention, security and guidance.

To assist the child to achieve a strong, positive self-image, a high level of self-esteem and a feeling of acceptance.

To enhance each child's growth and development: physically, socially, emotionally and intellectually.

To demonstrate respect for the child and a belief in the need for a child's respect of others.

To accept each child as an individual with individual needs.

To provide opportunity for developing self-confidence, self-control, independence and creativity appropriate to the child's developmental level.

To provide ample opportunity for free play with a wide variety of resources, free time for quietness and solitude, and sufficient opportunity for creative and self-expressive activities.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 2 - 5 years  
**ABORIGINAL GROUPS:** Inuit, Treaty/Status, Non-Status  
**REFERRAL SERVICE:** Early Childhood Educators  
**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 21

**ELSPETH REID FAMILY RESOURCE CENTRE**

**ADDRESS:** 255-9th Street  
Brandon, Manitoba  
R7A 6X1  
  
Tel: (204) 726-6280  
Fax: (204) 726-6775

**CONTACT PERSON:** Marie Wotton

**PROGRAM NAME:** Summer Programs

**SERVICES PROVIDED:** Community camping programs

**PROVIDED BY:** Camp Coordinator

**LOCATION/SETTING:** Brandon, Manitoba

**GOAL/OBJECTIVES:** To provide recreation and fun for children and a respite for families who cannot afford to provide their children with a positive summer activity.  
  
To offer support to families which helps in keeping some children, who might otherwise come into agency care, with their families.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 3 - 17 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Schools, community agencies, social workers, families and concerned citizens.

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** 250

**ELSPETH REID FAMILY RESOURCE CENTRE**

**ADDRESS:** 255-9th Street  
Brandon, Manitoba  
R7A 6X1  
  
Tel: (204) 726-6280  
Fax: (204) 726-6775

**CONTACT PERSON:** Marie Wotton

**PROGRAM NAME:** The Mother-Child Home Program

**SERVICES PROVIDED:** Parenting Skills

**PROVIDED BY:** A volunteer trained as a toy demonstrator that visits parents in their homes.

**LOCATION/SETTING:** Homes

**GOAL/OBJECTIVES:** To help strengthen the relationship between the parent and the child.

To aid the parent in helping his/her child learn.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 18 months - 4 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Child and Family Service Workers, agencies, schools and self-referrals.

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** Fifty percent of the clients are Aboriginal

**FLIN FLON INDIAN-MÉTIS FRIENDSHIP ASSOCIATION**

**ADDRESS:** P.O. Box 188  
57 Church Street  
Flin Flon, Manitoba  
R8F 1M7

Tel: (204) 687-3900  
Fax: (204) 687-5328

**CONTACT PERSON:** Shelly Smith

**PROGRAM NAME:** Friendship Centre

**SERVICES PROVIDED:** Assessment, crisis intervention, referral and support services.

**PROVIDED BY:** Counsellor

**LOCATION/SETTING:** 51 Church St. Flin Flon, Manitoba

**GOAL/OBJECTIVES:** To assist Aboriginal families who have relocated or are living in the community.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 0 - 18

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Information not provided

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 40

**FLIN FLON INDIAN-MÉTIS FRIENDSHIP ASSOCIATION**

**ADDRESS:** P.O. Box 219  
Creighton, Manitoba  
S0P 0A0

Tel: (204) 688-3481  
Fax: (204) 687-5328

**CONTACT PERSON:** Shelly Smith

**PROGRAM NAME:** Creighton Health Services

**SERVICES PROVIDED:** Provides basic mental health services to residents in North East Saskatchewan.

**PROVIDED BY:** Mental Health Worker

**LOCATION/SETTING:** Creighton, Saskatchewan

**GOAL/OBJECTIVES:** To attain holistic wellness.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 5 - 18 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Information not provided

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 2

**FLIN FLON INDIAN-MÉTIS FRIENDSHIP ASSOCIATION**

**ADDRESS:** Manitoba Family Services  
50 Church Street  
Flin Flon, Manitoba  
R8A 1K5  
  
Tel: (204) 687-3457  
Fax: (204) 687-5328

**CONTACT PERSON:** Shelly Smith

**PROGRAM NAME:** Manitoba Family Services

**SERVICES PROVIDED:** Assessment, counselling and referral

**PROVIDED BY:** Children/Adolescent mental health worker

**LOCATION/SETTING:** 50 Church Street Flin Flon, Manitoba

**GOAL/OBJECTIVES:** To attain holistic wellness.

**CULTURAL SUITABILITY:** No (Referrals are made to cultural agencies)

**AGE GROUPS:** 5 - 18 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Information not provided

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 3

**NEE GAWN AH KAI DAY CARE INC.**

**ADDRESS:** 104-500 Balmoral Street  
Winnipeg, Manitoba  
R3B 2P8

Tel: (204) 783-6750  
Fax: (204) 783-4891

**CONTACT PERSON:** Edith Boulette

**PROGRAM NAME:** Nee Gawn Ah Kai Day Care

**SERVICES PROVIDED:** Child Care

**PROVIDED BY:** Early Childhood Educators

**LOCATION/SETTING:** Winnipeg, Manitoba

**GOAL/OBJECTIVES:** To provide quality child care to the Aboriginal community in Winnipeg.

To provide an atmosphere where Aboriginal children and their families receive a service which is culturally relevant and embodies the growth of the mind, body and spirit.

**CULTURAL SUITABILITY:** Yes - Aboriginal staff and resources

**AGE GROUPS:** 2 - 5 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Child and Family Services, Manitoba Child Care Office, MaMaWiChiitata Centre and schools.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 60

**PRESCHOOL ENRICHMENT PROGRAM**

**ADDRESS:** 2227 Brandon Avenue  
Brandon, Manitoba  
R7B 0S9  
  
Tel: (204) 727-6650

**CONTACT PERSON:** Evelyn Isaac

**PROGRAM NAME:** Preschool Enrichment Program

**SERVICES PROVIDED:** Nursery school, speech development programs, sexual abuse treatment program, play therapy services.

**PROVIDED BY:** Early Childhood Educators, counsellors and therapists.

**LOCATION/SETTING:** Brandon, Manitoba

**GOAL/OBJECTIVES:** To provide a stimulating and enriching experience for children in attendance in the program.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 3 - 5 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Speech pathologist, Child Development Clinic, Elspeth Reid Family Resource Centre and other community agencies.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 50

**ST. NORBERT FOUNDATION**

**ADDRESS:** P.O. Box 250  
3514 Pembina Highway  
St. Norbert, Manitoba  
RJV 1L6

Tel: (204) 269-3430  
Fax: (204) 269-8049  
Email: StNinfo@aol.com

**CONTACT PERSON:** Jean Doucha

**PROGRAM NAME:** St. Norbert Foundation Adult and Family Program

**SERVICES PROVIDED:** Long-term residential substance abuse treatment services for adults and their dependent children (Day Care provided).

**PROVIDED BY:** Staff members

**LOCATION/SETTING:** South Winnipeg

**GOAL/OBJECTIVES:** To eliminate dependency on the use of substances.  
To foster positive self-identity and confidence.  
To integrate individuals into the community as productive members of society.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** National Native Drug and Alcohol Program Workers, Child and Family Services, Correctional Services of Canada, Social Assistance workers, lawyers and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 250

**SELKIRK HEALING CENTRE**

**ADDRESS:** 1147 Breezy Point Road  
Selkirk, Manitoba R1A 2A7

Tel: (204) 482-9716  
Fax: (204) 482-9717  
Email: St.Ninfo@aol.com

**CONTACT PERSON:** Shirley Champagne

**PROGRAM NAME:** Selkirk Healing Centre Adult & Family Program

**SERVICES PROVIDED:** Long-term residential substance abuse treatment services for adults and their dependent children.

**PROVIDED BY:** Staff members

**LOCATION/SETTING:** Selkirk, Manitoba

**GOAL/OBJECTIVES:** To eliminate dependency on the use of substances.

To develop an understanding of and confidence in one's role as an Aboriginal person.

To integrate individuals into the community as productive members of society.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Community Drug and Alcohol Workers, Child and Family Services, Correctional Services of Canada, social assistance workers, lawyers, family and self-referrals.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 230

**WASSENAS COUNSELLING AND EDUCATION SERVICES**

**ADDRESS:** Opaskwayak Cree Nation  
P.O. Box 2713  
The Pas, Manitoba  
R9A 1M5

Tel: (204) 623-6284  
Email: peggy.wilson@ualberta.ca  
wilsonal@hugsel.harvard.edu

**CONTACT PERSON:** Dr. Peggy Wilson or Dr. Stan Wilson

**PROGRAM NAME:** Information not provided

**SERVICES PROVIDED:** Individual counselling, evaluation and needs assessments of educational programs and psychological assessments for special educational funding.

**PROVIDED BY:** A team of six psychologists and educators.

**LOCATION/SETTING:** Services offered throughout Canada upon request

**GOAL/OBJECTIVES:** To empower communities and individuals to live holistic lives where the full potential of lives are actualized.

**CULTURAL SUITABILITY:** Yes - Prayer and smudging and the involvement of Elders

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Physicians and by community request

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 150

## 7. ONTARIO

### **BRIM CONSULTING**

**ADDRESS:** 17 Mannington Court  
Nepean, Ontario  
K2J 4A1

Tel: (613) 825-2917  
Fax: (613) 825-5509

**CONTACT PERSON:** Robert Imrie/Joan Brackenbury

**PROGRAM NAME:** Abuse Prevention and Intervention

**SERVICES PROVIDED:** Youth Peer Counselling Programs

**PROVIDED BY:** Consultants

**LOCATION/SETTING:** Varied sites throughout Canada

**GOAL/OBJECTIVES:** To broaden the understanding of the impact of stressors on the wellness of individuals and communities.

**CULTURAL SUITABILITY:** Yes - Healing Circles

**AGE GROUPS:** All ages

**REFERRAL SERVICE:** Friendship Centres, community and health board agencies.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 22

**CITY OF TORONTO - DEPARTMENT OF PUBLIC HEALTH**

**ADDRESS:** 235 Danforth Avenue  
Toronto, Ontario  
M4K 1N2

Tel: (416) 392-0936  
Fax: (416) 392-0714

**CONTACT PERSON:** Cheryl Snider

**PROGRAM NAME:** Parents Helping Parents Program

**SERVICES PROVIDED:** Home visits to parents of young children, information on child development (birth - 3 years), games and activities to help growth and learning, community resources available throughout city, information on welfare, emergency food and clothing.

**PROVIDED BY:** Aboriginal home visitor - a peer education community mother who provides support.

**LOCATION/SETTING:** Toronto

**GOAL/OBJECTIVES:** Goal: the optimum health of parents and children in terms of adequate functioning and an environment that stimulates development.

Long Range Objective:

The prevention of psychosocial dysfunctioning in children due to:

- 1) Inadequate parenting skills;
- 2) Lack of a parental support system

Intermediate:

A measurable improvement in child development and mother/child interaction within families facing high levels of stress due to financial and/or language barriers.

Short Term:

- 1) Increased use of knowledge regarding infant/child health and development in parenting practices.
- 2) Increased use of community resources among home visitors and clients.
- 3) Improved child competencies in physical cognitive and social skills.
- 4) Social support to clients during their child's infancy.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** Parents of children 0 - 3 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Parents and / or organizations involved with the parents.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 20

**INDIAN FRIENDSHIP CENTRE - SAULT STE MARIE**

**ADDRESS:** 122 East St.  
Sault Ste. Marie, Ontario  
P6A 3C6

Tel: (705) 256-5634  
Fax: (705) 942-3227

**CONTACT PERSON:** Information not provided

**PROGRAM NAME:** Aboriginal Family Support Worker

**SERVICES PROVIDED:** Parent/child prevention programming for children.

**PROVIDED BY:** Family Support Worker

**LOCATION/SETTING:** 122 East St. Sault Ste. Marie, Ontario

**GOAL/OBJECTIVES:** To provide parenting programs, children's programs, parent/child interaction programs and community outreach.

**CULTURAL SUITABILITY:** Yes - Developed and delivered by aboriginal staff.

**AGE GROUPS:** 0 - 6 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Indian Friendship Centre

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** Information not provided

**MOOSENEE NATIVE FRIENDSHIP CENTRE**

**ADDRESS:** 31 Ferguson Road, South  
Moosonee, Ontario  
P0L 1Y0

Tel: (705) 336-2808  
Fax: (705) 336-2929

**CONTACT PERSON:** Ken Wesley

**PROGRAM NAME:** Aboriginal Healing and Wellness Program

**SERVICES PROVIDED:** Crisis intervention, traditional healing and circle healing groups.

**PROVIDED BY:** Staff members and Elders

**LOCATION/SETTING:** 31 Ferguson Road, South Moosonee, Ontario

**GOAL/OBJECTIVES:** To provide guidance and to foster holistic healing within families.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Service agencies, child care services and resource centres.

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:**

Information not provided

**NATIVE CHILD AND FAMILY SERVICES**

**ADDRESS:**

201 - 464 Yonge St.  
Toronto, Ontario  
M4Y 2W9

Tel: (416) 969-8510  
Fax: (416) 969-9251

**CONTACT PERSON:**

Colette Deveau

**PROGRAM NAME:**

Kognaasowin

**SERVICES PROVIDED:**

Nutrition, parenting, traditional teachings and recreation.

**PROVIDED BY:**

Qualified staff

**LOCATION/SETTING:**

Toronto and Scarborough

**GOAL/OBJECTIVES:**

To re-establish health and well-being within the family.

**CULTURAL SUITABILITY:**

Yes

**AGE GROUPS:**

0 - 16 years

**ABORIGINAL GROUPS:**

Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:**

Children's Aid Society, community and self-referral

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:**

280 (Kognaasowin and Mooka'Am Programs)

**NATIVE CHILD AND FAMILY SERVICES**

**ADDRESS:** 201-464 Yonge St.  
Toronto, Ontario  
M4Y 2W9

Tel: (416) 969-8510  
Fax: (416) 969-9251

**CONTACT PERSON:** Colette Deveau  
**PROGRAM NAME:** Mooka'Am

**SERVICES PROVIDED:** Individual and group therapeutic for sexual abuse, family violence, family trauma and children's circles to address substance abuse.

**PROVIDED BY:** Qualified staff

**LOCATION/SETTING:** Toronto and Scarborough

**GOAL/OBJECTIVES:** To re-establish health and well-being within the family.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 0 - 16 years (families included)

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Children's Aid Society, community and self-referral

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 280 (Kognaasowin and Mooka'Am Programs)

**NATIVE WOMEN'S RESOURCE CENTRE**

**ADDRESS:** 191 Gerrard St., East  
Toronto, Ontario  
M5A 2E5

Tel: (416) 963-9963  
Fax: (416) 963-9573

**CONTACT PERSON:** Denise McMenemy  
**PROGRAM NAME:** Pimaatisiwan

**SERVICES PROVIDED:** Health program, emergency supplies, prenatal and labour support, parent relief and parenting support.

**PROVIDED BY:** Registered Nurse

**LOCATION/SETTING:** 191 Gerrard St. East Toronto, Ontario

**GOAL/OBJECTIVES:** To provide support to women with small children.

**CULTURAL SUITABILITY:** Yes - Based on traditional teachings

**AGE GROUPS:** 0 - 6 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Community and self-referral and other related aboriginal and non-aboriginal agencies.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 80

**N'SWAKAMOK NATIVE FRIENDSHIP CENTRE**

**ADDRESS:** 110 Elm St.  
Sudbury, Ontario  
P3C 1T5

Tel: (705) 674-2128  
Fax: (705) 671-3539

**CONTACT PERSON:** Marina Seawright

**PROGRAM NAME:** Brighter Futures

**SERVICES PROVIDED:** Child Development Program

**PROVIDED BY:** Registered Nurse and Family Support Workers

**LOCATION/SETTING:** 110 Elm St. Sudbury, Ont.

**GOAL/OBJECTIVES:** To provide services in a culturally-based methodology which targets the preconception, prenatal, postnatal, early development and learning years of the child.

**CULTURAL SUITABILITY:** Yes - Use of native language in all children's programs, native history and cultural teachings, native crafts and use of culturally-appropriate resource material.

**AGE GROUPS:** 0 - 6 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Children's Aid Society, Friendship Centres, family and court workers, social workers and clients.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 304

## 8. QUEBEC

### BRIM CONSULTING

**ADDRESS:** 5536 Cote St. Luc, Suite 6  
Montreal, Quebec  
H3X 2CS

Tel: (514) 488-5982  
Fax: (514) 488-5982

**CONTACT PERSON:** Robert Imrie/Joan Brackenbury

**PROGRAM NAME:** Abuse Prevention and Intervention

**SERVICES PROVIDED:** Youth Peer Counselling Programs

**PROVIDED BY:** Consultants

**LOCATION/SETTING:** Varied sites throughout Canada

**GOAL/OBJECTIVES:** To broaden the understanding of the impact of stressors on the wellness of individuals and communities.

**CULTURAL SUITABILITY:** Yes - Healing Circles

**AGE GROUPS:** All ages

**REFERRAL SERVICE:** Friendship Centres, community and health board agencies.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 22

**CENTRE D'AMITIE AUTOCHTONE**

**ADDRESS:** 544 St. Antoine  
La Tuque, Quebec  
G9X 3P3

Tel: (819) 523-6121  
Fax: (819) 523-8637

**CONTACT PERSON:** Marlene Muir

**PROGRAM NAME:** Headstart\*

**SERVICES PROVIDED:** Early intervention program to prepare the child for kindergarten and elementary school.

**PROVIDED BY:** Health Canada - sponsored by the Friendship Centre

**LOCATION/SETTING:** La Tuque, Quebec

**GOAL/OBJECTIVES:** To help aboriginal pre-school children receive the necessary assistance to ensure their optimal development before entering school.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 0 - 5 years

**ABORIGINAL GROUPS:** Métis, Treaty/Status and Non-Status

**REFERRAL SERVICE:** Friendship Centre

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 5000

\* Headstart program in planning stages at present

**MOIR MANAGEMENT SYSTEMS INC.**

**ADDRESS:** P.O. Box 14  
SITE 1, R.R. # 1  
Thorsby, Alberta  
T0C 2P0

Tel: (403) 389-4325  
Fax: (403) 389-4033

**CONTACT PERSON:** Dianne Moir

**PROGRAM NAME:** Wellness Creation Program

**SERVICES PROVIDED:** Community needs and program assessment, facilitation and implementation.

**PROVIDED BY:** Moir Management Systems

**LOCATION/SETTING:** Quebec

**GOAL/OBJECTIVES:** To enable community/group control and presentation of holistic healing programs.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** All ages

**ABORIGINAL GROUPS:** Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Community, family, friends, workplace, school and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 500

## 9. NEW BRUNSWICK

### CANADIAN MENTAL HEALTH ASSOCIATION – NEW BRUNSWICK DIVISION

**ADDRESS:** 292- 65 Brunswick St.  
Fredericton, New Brunswick  
E3B 1G5

Tel: (506) 455-5231  
Fax: (506) 459-3878

**CONTACT PERSON:** Eric Beaulieu

**PROGRAM NAME:** I'm Thumbbody Program

**SERVICES PROVIDED:** Self-esteem program for school-age children

**PROVIDED BY:** Canadian Mental Health Association volunteers,  
service clubs and the Mental Health Commission of  
New Brunswick.

**LOCATION/SETTING:** New Brunswick

**GOAL/OBJECTIVES:** To enhance the self-esteem of children.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 9 - 10 year olds

**ABORIGINAL GROUPS:** Information not provided

**REFERRAL SERVICE:** Information not provided

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** Information not provided

**MENTAL HEALTH SERVICES DIVISION OF HEALTH & SERVICES**

**ADDRESS:** P.O. Box 5001  
Woodstock, New Brunswick  
E0J 2B0

Tel: (506) 325-4419  
Fax: (506) 328-4802

**CONTACT PERSON:** Joy Dion

**PROGRAM NAME:** Child and Adolescent Services

**SERVICES PROVIDED:** Promotion/Prevention  
Community Supports  
Consumers Initiatives  
Appraisal/Screening and Intake  
Crisis Intervention and Stabilization Intervention Services  
Continuity of Care

**PROVIDED BY:** Social worker, nurse, psychometrist and human service counsellor.

**LOCATION/SETTING:** Woodstock and Moncton, New Brunswick

**GOAL/OBJECTIVES:** To provide a comprehensive range of services to children with emotional disturbances. Services are individualized and offered in the least restrictive, most normative environment possible. Families are meant to be full participants in the planning and delivery of services. Services should be coordinated with other involved linkages and each child has a case manager. Prevention services and advocacy are integral components.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** 0 - 18 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Schools, family, physicians, agencies and self-referral.

**NUMBER OF ABORIGINAL  
CLIENTS SEEN IN PAST  
12 MONTHS:** 3

## 10. NOVA SCOTIA

### MICMAC NATIVE FRIENDSHIP CENTRE

**ADDRESS:** 2158 Gottingen Street  
Halifax, Nova Scotia  
B3K 3B4

Tel: (902) 420-1576  
Fax: (902) 423-6130

**CONTACT PERSON:** Gordon King

**PROGRAM NAME:** Mi'kmaq Child Development Centre

**SERVICES PROVIDED:** Child Care

**PROVIDED BY:** Early Childhood Educators

**LOCATION/SETTING:** 2786 Agricola Street Halifax Street

**GOAL/OBJECTIVES:** To provide child care to children between 2 - 6 years of age whose parents are employed or are going to school in the Halifax Metro area.

**CULTURAL SUITABILITY:** Yes

**AGE GROUPS:** 2 - 6 years

**ABORIGINAL GROUPS:** Inuit, Métis, Treaty/Status, Non-Status

**REFERRAL SERVICE:** Community members and agencies

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 36

## 11. NEWFOUNDLAND/LABRADOR

### DEPARTMENT OF SOCIAL SERVICES

**ADDRESS:** P.O. Box 3014, Station "B"  
Happy Valley - Goose Bay, Labrador  
A0P 3E0

Tel: (709) 896-2493  
Fax: (709) 896-0470

**CONTACT PERSON:** Elizabeth Dawson

**PROGRAM NAME:** Direct Home Services Program

**SERVICES PROVIDED:** Early intervention with developmentally-delayed children that is home-based and family centred.

**PROVIDED BY:** Child Management Specialist

**LOCATION/SETTING:** Home-based

**GOAL/OBJECTIVES:** To empower families in working with children with developmental delays.

To pass on skills in problem-solving.

To advocate on behalf of families.

**CULTURAL SUITABILITY:** No

**AGE GROUPS:** Parents of pre-school children

**ABORIGINAL GROUPS:** Inuit, Métis, Non-Status

**REFERRAL SERVICE:** Public Health Nurses, Child Development Program from hospital, social workers, speech language pathologists and self-referrals.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 22

**LABRADOR INUIT HEALTH COMMISSION**

**ADDRESS:** P.O. Box 234  
North West River  
Newfoundland  
A0P 1M0

Tel: (709) 497-8356  
Fax: (709) 497-8311  
E-mail: 1commiss@terra.nlnet.nf.ca

**CONTACT PERSON:** Rosanna Spencer

**PROGRAM NAME:** Child Development Play Group

**SERVICES PROVIDED:** Child Play Activity (6-9 hours/week)

**PROVIDED BY:** Child Care Workers/Early Childhood Educators

**LOCATION/SETTING:** Happy Valley/Goose Bay, North West River, Nain, Hopedale, Rigolet, Postville and Makkovik.

**GOAL/OBJECTIVES:** To stimulate growth and development in children in preparation for school entry.

**CULTURAL SUITABILITY:** Yes - Culturally-oriented games, crafts and songs. Written and oral communication provided in Innuktitut whenever possible.

**AGE GROUPS:** 3 - 5 years of age

**ABORIGINAL GROUPS:** Inuit

**REFERRAL SERVICE:** Public Health, Social Services, community health representatives and addictions' workers.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 100

**LABRADOR INUIT HEALTH COMMISSION (LIHC)**

**ADDRESS:** P.O. Box 250  
Nain, Labrador  
A0P 1L0

Tel: (709) 922-2114  
Fax: (709) 922-2216

**CONTACT PERSON:** Michelle Coombs and/or Edward Allen

**PROGRAM NAME:** Child Victims Group

**SERVICES PROVIDED:** Support group for child victims of violence and support for children who have experienced traumatic events.

**PROVIDED BY:** Labrador Inuit Health Commission

**LOCATION/SETTING:** LIHC office Nain, Labrador

**GOAL/OBJECTIVES:** To facilitate the healing process for child victims of violence.

To provide emotional support for children dealing with a crisis, the court process and grief etc.

To re-build trust and to develop self-esteem.

**CULTURAL SUITABILITY:** Yes - Stories, art and drama are all focused on Inuk characters.

**AGE GROUPS:** 6 - 12 years

**ABORIGINAL GROUPS:** Inuit

**REFERRAL SERVICE:** Social Services, school, clinic, parents and self-referral.

**NUMBER OF ABORIGINAL CLIENTS SEEN IN PAST 12 MONTHS:** 30

**LABRADOR INUIT HEALTH COMMISSION (LIHC)**

**ADDRESS:** P.O. Box 234  
North West River  
Newfoundland/Labrador  
A0P 1M0

Tel: (709) 497-8371  
Fax: (709) 497-8311

**CONTACT PERSON:** Pat Sampson

**PROGRAM NAME:** LIHC Youth Groups

**SERVICES PROVIDED:** Educational Programs: self-esteem building, decision-making, problem solving, effects of substance abuse and peer counselling program. Social / cultural / recreational activities and sporting events: fishing, camping and crafts. Support services such as drop-in services and referrals.

**PROVIDED BY:** Addiction Workers

**LOCATION/SETTING:** In local office space and community facilities in 7 communities served by the LIHC: Nain, Hopedale, Postville, Makkovik, Rigolet, North West River and Happy Valley/Goose Bay.

**GOAL/OBJECTIVES:** To coordinate and provide leadership for structured youth programs which foster positive decision-making.