

# Community Action

## RESOURCE GUIDE

### VIOLENCE PREVENTION RESOURCES

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### SERVICE PROVIDERS

*This is a small sample of resource sites and service providers dealing with violence and violence prevention. Please refer to your local resources and service providers for more information.*



## DOMESTIC / RELATIONSHIP VIOLENCE

### Aboriginal Women on the Move

<http://www.aboriginalwomenonthemove.org/index2.html>

Information on violence against women and what you can do to support ending family violence.

### Canadian Health Network

<http://www.canadian-health-network.ca>

(under Violence Prevention)

Learn about violence and what you can do to prevent it or to help others. This section includes information about:

- Family violence
- Bullying
- Harassment
- Violence prevention programs, and
- Useful phone numbers
- Stalking
- Hate crimes

### Canadian Women's Foundation

<http://www.cdnwomen.org/eng/4/4q.asp>

The website provides information on violence prevention resources and research.

### Domestic Violence Handbook

<http://www.domesticviolence.org/content.html>

An American website created by the Oakland County Coordinating Council Against Domestic Violence that contains a handbook on the topic of domestic violence which gives clear definitions and instructions on what to do if you are being victimized.

### Heart-2-Heart - <http://www.heart-2-heart.ca>

A database of information for battered men and women that provides resources and support on various forms of partner abuse.

### INAC - Family Violence Prevention Program - National Manual

[http://www.ainc-inac.gc.ca/ps/mnl/fvp/dfn\\_e.html](http://www.ainc-inac.gc.ca/ps/mnl/fvp/dfn_e.html)

Provides information relevant to violence prevention programs.

### Justice Canada-Family Violence Initiative

<http://www.justice.gc.ca/en/ps/fm/index.html>

The Initiative seeks to prevent and respond to violence against women and children in the home. It concentrates on: promoting continued public awareness of the problem as well as public involvement in the response to family violence; strengthening the criminal justice and housing systems' responses to family violence; and undertaking data collection, research and evaluation measures that will enable the identification of effective interventions

### National Aboriginal Circle Against Family Violence - <http://www.nacafv.ca/>

Dedicated to ending violence in Aboriginal communities this organization provides a full listing of Aboriginal women's shelters across the country - click on "programs" listed at the top of the page.

### National Clearinghouse on Family Violence

<http://www.phac-aspc.gc.ca/ncfv-cnivf/familyviolence/index.html>



On behalf of the Government of Canada and its Family Violence Initiative (FVI), the Public Health Agency of Canada operates the National Clearinghouse on Family Violence (NCFV). The NCFV is Canada's resource centre for information on violence within relationships of kinship, intimacy, dependency or trust.

## **Public Health Agency of Canada-Family Violence Initiative**

[http://www.phac-aspc.gc.ca/ncfv-cnivf/familyviolence/initiative\\_e.html](http://www.phac-aspc.gc.ca/ncfv-cnivf/familyviolence/initiative_e.html)

The FVI promotes public awareness of the risk factors of family violence and the need for public involvement in responding to it; strengthens the criminal justice, housing, and health systems to respond; and supports data collection, research and evaluation efforts to identify effective interventions.

## **Resource Guide on Family Violence, Health Canada**

<http://www.phac-aspc.gc.ca/ncfv-cnivf/familyviolence/pdfs/resourceguide.pdf>

This 52 page guide looks at strategies for healing and provides basic information on family violence in Aboriginal communities.

## **ShelterNET** - <http://www.shelternet.ca>

This is comprehensive website that not only lists information on abuse but provides a complete listing of all shelters in Canada through an interactive map by clicking on "find a shelter" at the top of the webpage.

## **The Healing Journey-Family Violence Prevention in Aboriginal Communities**

<http://www.thehealingjourney.ca/main.asp>

This site offers a number of publications for people who are working in the area of family violence prevention for Aboriginal communities - both on- and off-reserve. The information may help you to create responses to family violence both in terms of crisis intervention, public education and prevention.

## **Women's INFO**

<http://www.womensinfo.ca/en/Violence.htm>

Government of Ontario website providing information on all issues affecting women in the province; other provinces have similar websites (use search engine to find yours!).

## **Women's Rural Advocacy Programs**

<http://www.letswrap.com/index02.htm>

American based website that provides a different perspective on abuse to those in more rural environments, as well as information on Native Americans. It includes some religious content.

## **Find Counseling, formerly Therapist Finder**

<http://www.therapistfinder.net/Domestic-Violence>

This is an American website that helps people locate a therapist or counselor in their area, but also contains a database of the various issues that people may want to seek support for. Good information on what shelters are and what they do.



## DATING VIOLENCE

### Canadian Association of Sexual Assault Centres

<http://www.casac.ca/english/home.htm>

Lists all sexual assault centres (under anti-violence centres) and women's centres per province and territory and updates the listing regularly.

### Centre for Children and Families in the Justice System - <http://www.lfcc.on.ca/teendate.htm>

The results of a research project conducted in London, Ontario among dating teens.

### Cool Nurse - <http://www.coolnurse.com>

American website with a youth friendly approach to health issues. The site has a great section on date rape that covers date rape drugs and their effects.

### Department of Justice Canada

<http://www.justice.gc.ca/en/ps/fm/datingfs.html>

Defines dating violence, legal aspects, types of abuse, and how this form of violence is spreading.

### Metropolitan Action Committee on Violence Against Women and Children

<http://www.metrac.org>

METRAC's website offers a host of information on violence against women, including resources, outreach and justice information. It also contains fact sheets on various types of

violence, stats and project information.

### Prevention Programs Addressing Youth Dating Violence

<http://www.ucalgary.ca/resolve/violenceprevention/English/reviewprog/youthdprogs.htm>

Contains information about dating violence and healthy relationships.

## SEXUAL VIOLENCE

### Crisis Services: Shelters, Sexual Assault Centres and Transition Houses

<http://www.owjn.org/resource/shelter.htm>

Offers information on services in Ontario, links to services in other provinces, and links to national and international listings.

### Duhaime Law - <http://www.duhaime.org>

Canadian resource providing a wealth of information on various legal issues.

### METRAC - <http://www.metrac.org>

Also offers information on Sexual Assault.

### Project GHB - <http://www.projectghb.org>

This website is the result of American and Canadian partnerships of parents, survivors and law enforcement whose main focus is to educate the mainstream populations on the danger of date rape drugs.

### Recovery Canada - <http://www.vansondesign.com/RecoveryCanada/SAResources.html>



This website offers resources for Survivors of Sexual Abuse and Sexual Assault.

**Sarnia Sexual Assault Survivors Centre-Teen Handbook** - <http://www.sexualassaultsarnia.on.ca/book2/TEENHANDBOOK.htm>  
Canadian website out of Sarnia, Ontario that provides a cyber handbook with safety tips, facts, and resources.

**TeensHealth** - [http://www.kidshealth.org/teen/your\\_mind/problems/date\\_rape.html](http://www.kidshealth.org/teen/your_mind/problems/date_rape.html)  
Information on sexual assault specific to teens; also good reference on the issue of date rape.

### **Women's Health**

<http://www.4woman.gov/faq/sexualassault.htm>  
This website provides basic information on sexual assault, as well as other topics associated with sexual assault such as: STIs, date rape drugs and how to help someone who has been sexually assaulted.

## **EMOTIONAL / PSYCHOLOGICAL VIOLENCE**

### **Megan's Homepage**

<http://www.hhhh.org/maia/>  
A survivor's webpage that gives insight and the value of shared experience.

### **National Clearinghouse on Family Violence**

[http://www.phac-aspc.gc.ca/ncfv-cnivf/familyviolence/html/fvemotion\\_e.html](http://www.phac-aspc.gc.ca/ncfv-cnivf/familyviolence/html/fvemotion_e.html)

Offers extensive information on Emotional Abuse.

### **Survivor's Treehouse**

<http://www.survivors-treehouse.net/>  
Offers information relevant to survivors of emotional and other types of abuse.

### **YWCA Canada** - [www.ywcacanada.ca](http://www.ywcacanada.ca)

YWCA Canada works actively to prevent violence against women. They publish resources and organize public events to raise awareness, including an annual event to encourage and raise self-esteem in youth. They engage in research to ensure optimum support to women and are currently working on two multi-year projects: one focused on developing best practices and seamless delivery models in the area of shelter; and the other on designing community-based early childhood education models. \*\*\*Note: The METRAC and Heart-2-Heart websites referenced above also have excellent information on emotional/psychological violence.

## **BULLYING**

**Aboriginal Youth Network** - <http://www.ayn.ca/>  
Awesome website dedicated to all things youth and Aboriginal oriented. Contains chat groups connecting Aboriginal youth across the country and an excellent list of resources (go to "resources" at the top of the webpage and click



“links”) and a healthy youth directory (<http://www.ayn.ca/ResourcesHealthyYouthDirectory.aspx>).

## **Bully Free Alberta**

<http://www.bullyfreealberta.ca/bullying.htm>

Contains information on the four main types of bullying effects and prevention.

**Bullying.org** - <http://www.bullying.org/>

Offers extensive information and resources related to bullying and links to website tackling cyber bullying. Partnered with the Family channel this website directed at victims of bullying contains everything you need know about the topic and useful solutions to the issue.

## **Child and Youth Friendly Ottawa**

<http://www.bullyingawarenessnetwork.ca>

CAYFO’s website is linked to this initiative that creates awareness and is working to prevent bullying.

## **RCMP Site**

[http://www.rcmp.ca/youth/bebrightbully\\_e.htm](http://www.rcmp.ca/youth/bebrightbully_e.htm)

Learn about the complete **Be Bright, Think Right** program, which includes units on school bus safety, safe Internet use and respect for diversity in your community.

**The following websites provide more insight and information on bullying across Canada and contain similar information:**

<http://www.b-free.ca>

An interactive website that lets victims of bullying know they are not alone: many other useful tools and links around bullying can be found on their “links” page.

## **Canadian Initiative for the Prevention of Bullying** - <http://www.cipb.ca/index.html>

An academic website dedicated to reviewing current trends and solutions to find permanent solutions to bullying. This organization works in conjunction with universities and children’s organizations to develop a national strategy to reduce problems of bullying and victimization.

[www.cyberbullying.org](http://www.cyberbullying.org)

This unique website put together by the same organization that created bullying.org, is specific to bullying in cyberspace. Some topics include: Emailing, instant messaging and chat rooms.



## CANADIAN DEPARTMENTAL ACTIVITIES - FAMILY VIOLENCE INITIATIVE

- **Canada Mortgage and Housing Corporation** delivers the Shelter Enhancement Program and in certain circumstances provides capital funding for new emergency shelters and second stage housing.
- **Canadian Heritage** supports family violence prevention projects for off-reserve Aboriginal women, supports prevention activities for non-English/French speaking members of ethno-cultural communities via ethnic media and English/French as a Second Language programs, aims at reducing media violence, and to a limited extent, conducts research and evaluation activities regarding family violence.
- **Citizenship and Immigration Canada** promotes awareness of family violence through citizenship and immigration policies and programs.
- **Correctional Service of Canada** addresses family violence through research, treatment programs and staff training.
- **Department of Justice Canada** reviews, researches and reforms criminal justice legislation and policy, funds community-based family violence projects and provides public legal education and information support regarding family violence.
- **Family Violence Initiative**
  - **Department of National Defence** conducts awareness and education training for DND and Canadian Forces (CF) personnel on issues of family violence and violence against women. It provides support, counseling and referral services for service members and their families who are victims of family violence.
  - **Health Canada**
  - **Human Resources and Social Development Canada** collects and disseminates information related to social policy.
  - **Indian and Northern Affairs Canada** funds First Nations' emergency shelters and community-based projects on prevention, intervention, treatment and research on family violence.
    - **Family Violence Prevention Program for First Nations**
  - **Public Health Agency of Canada** researches the population health consequences of family violence, develops resources and promotes policies, programs and projects that contribute to family violence prevention.
  - **Public Safety and Emergency Preparedness Canada (PSEPC)** is responsible for protecting Canadians and helping to maintain a peaceful and safe society. Apart from the contributions of PSEPC Portfolio Agencies, Correctional



Services Canada and the Royal Canadian Mounted Police, which are listed individually on this web page, the Department addresses the issue of family violence through a wide range of activities such as: promoting public awareness of family violence issues; support for community based initiatives that aim to reduce family violence and other forms of victimization; developing tools, approaches and research that help contribute to safer communities; and providing Aboriginal community policing services.

- **Royal Canadian Mounted Police** supports community-based workshops on victims' issues, sexual assault, and relationship violence, and assists communities in using problem-solving approaches to family violence.
- **Service Canada**
- **Statistics Canada** works to improve the availability of national data on the nature and extent of family violence.
- **Status of Women Canada** supports projects that lead to systemic changes and alternative, long-term prevention strategies.

### Interesting articles on Violence Against Aboriginal Women

- Assessing Violence Against Women: A Statistical Profile 1999
- McIvor & Nahanee , "Aboriginal Women: Invisible Victims of Violence" 1998 source:

Correctional Service of Canada

- McEvoy & Daniluk "Wounds to the Soul: The Experiences of Aboriginal Women Survivors of Sexual Abuse". *Canadian Psychology* 36, 3 1995
- The Girl Child: Having to 'Fit' by Jasmin Jiwani, Ph.D., October 1998
- Workplace Harassment Action Taskforce and Ontario Women's Directorate's publication, *Workplace Harassment: An Action Guide for Women*.

\*\*\* Note: You can find these articles in most library databases, but can also use any search engine to find them online.

## IMPORTANT NUMBERS

### KIDS HELPPHONE

1-800-668-6868

<http://www.kidshelpphone.ca>

### ABUSE/VIOLENCE: CHILD ABUSE HOTLINE

Hotline: 1-800-387-5437

### RCMP

[http://www.rcmp.ca/html/generalcont\\_e.htm](http://www.rcmp.ca/html/generalcont_e.htm)

From this page you can navigate and find relevant numbers to call and report a crime in your area

